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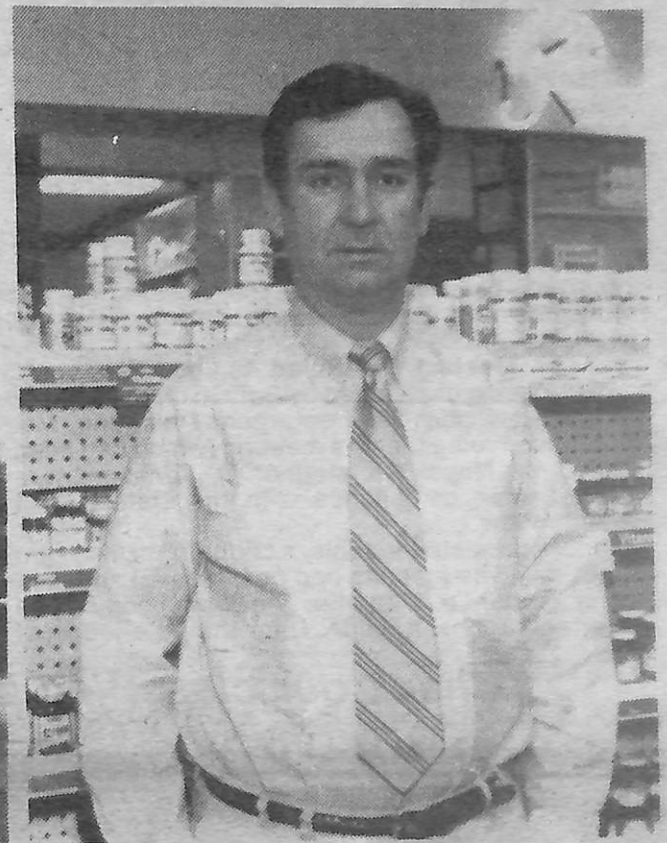
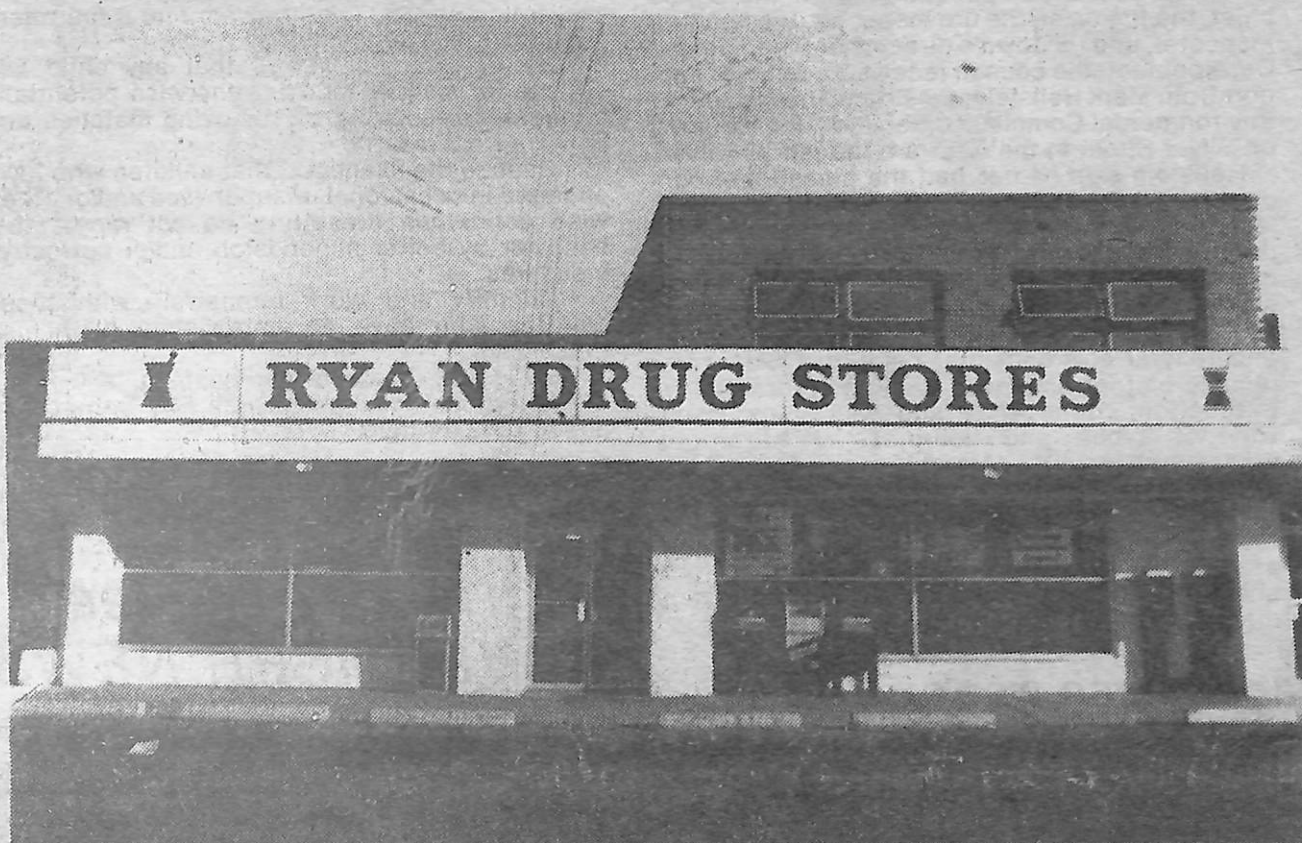
AGAWAM Advertiser-News

55°C

Volume XVIII Number 48

"Your Hometown Newspaper"

November 30, 1995



RYAN DRUG STORE is located at 713 Main Street, Agawam Center, and is one of the few remaining family-owned drug stores in this region. The Ryan Family is currently celebrating its 100th year in business. IN PHOTO RIGHT, John F. Ryan is the current owner and operator of the family business. Advertiser News photos by Jack Devine.

Ryan Family Celebrating 100 Years As Independent Drug Store

by Peggy Shoemaker
Advertiser News Feature Writer

The Ryan Drug Co., which at one time numbered 10 stores in the Greater Springfield area, will celebrate the 100th anniversary of its founding at the only remaining Ryan Drug Store. The location is 713 Main Street, Agawam Center, near Phelps School.

Owner and manager of the local store is John Francis Ryan, a great-grandson of the founder of the company, Charles Vincent Ryan. John announced that an anniversary celebration and holiday sale will start on December 1st and continue for 10 days. There will also be a festive anniversary party on December 10th at the Springfield Country Club for employees, their families, and friends.

The Agawam store is the last one in the Ryan chain, and the most recent one to close was on Bliss Street, Longmeadow, and was sold early this year. In the 1970's, there were 10 stores - Springfield, West Springfield, Longmeadow, Monson, Chicopee, and Agawam. And many of the extended Ryan family worked in these stores.

John recalls as a youngster working at Ryan Drug Store on Main Street, located on the block of the present Springfield Newspapers. He smiles at

happy memories of working behind the soda fountain, recalling making fudge sundaes and lime rickeys.

John grew up in Springfield and is one of eight children. A graduate of Classical High School, he earned his bachelor of science degree in Pharmacology from Massachusetts College of Pharmacy, Boston. He lives on Maple Road in Longmeadow with his wife, Paula, and their children, seven year-old Jake and six year-old Bretta.

John's father, Donald, and his uncle, Bob Ryan (who owned the Longmeadow store), brought the business to Agawam about 15 years ago to a spot on Walnut Street Extension. These two men bought the present business from Agawam resident Charles Shore.

About 10 years ago, John was offered a choice of buying into any one of the existing Ryan Drug Stores and he chose Agawam. "I like the town, the folks I do business with, and the wonderful people who are my customers," John said in a recent interview.

SEE RYAN DRUG - Page 29...

Storage Permit Finally Granted To I-Park Firm

by Kathy Cassanelli
News Editor

Town Councillor Edward Caba said the granting of a license for Fisher Scientific to store combustible and flammable liquids at their newly constructed Bowles Road warehouse should have taken 10 minutes.

Instead, it took a record four-hour meeting of the council on Monday, November 20th, and an emergency meeting the night before Thanksgiving before the Pittsburg-based laboratory supply company received a license to store 8,583 gallons of combustible liquids and 31,650 gallons of flammable liquids in an above-ground storage vault at the Agawam Industrial Park.

In the wake of the council's vote to approve the license, Fisher Scientific Senior Vice President of Operations, Charles J. Amidon, said his company planned to get back on schedule and begin moving their products into the empty warehouse by the middle of December.

"We came to get our storage permit and to clear up any questions. We had no hidden agenda," Amidon said. "We extend an offer to any business or resident in Agawam with any questions to call us."

Council President Nancy Thompson apologized to Fisher Scientific and to the business community, charging that the lab supply company had been "caught up in the middle of a fight between some councilors and the Mayor."

SEE STORAGE PERMIT - Page 2...

Post Office Hours To Be Extended

The Agawam Post Office will be offering extended hours for the holiday season.

The extended hours include Saturday,

December 9th and 16th, 9:00 a.m. to 1:00 p.m.; Sunday, December 10th and 17th, 10:00 a.m. to 2:00 p.m.

Please mail early and happy holidays from your Agawam Post Office.

STORAGE PERMIT - from Page 1...

Ms. Thompson criticized Councilor Thomas Ennis as an "embarrassment to the community for his inappropriate remarks" at the November 20th meeting.

Councilor James Taylor said opposition to the license was merely an attempt by some councilors to "beat the tar out of the Mayor."

"Fisher Scientific became the whipping boy," Taylor said. "They (the councilors opposing the license) don't understand the rules of procedure."

Councilor Vivian Dziardziel added, "We follow the law and if a company follows the law, we have no reason to vote against the license."

Both Ennis and Councilor Gary Suffriti argued that the issue of chemical storage at Fisher Scientific should have gone before the Zoning Board of Appeals (ZBA) for a special permit rather than before the city council for a license.

Suffriti said he believed there would have been no problem in Fisher Scientific's obtaining a special permit from the ZBA for storing chemicals. Ennis said he thought the company's storage vault was safe, but he said, "Who knows what could happen on the roads as the chemicals are transported to and from the warehouse."

Ennis said the council had gotten an "orchestrated show featuring a blizzard of paperwork" from the Mayor's office. Referring to Fisher Scientific representatives as "suits," Ennis said the council was being subjected to a "full court press" from the town and from Fisher Scientific.

"There's been an awful lot of arm-twisting by the administration to make sure the permits fly," Ennis charged.

Ennis said the application for the license was flawed, and the fact that the application was received by the council the day after the November 7th election raised "the red flag for me."

Meeting Was Ruled As Legal...

After being challenged by Suffriti on the legality of the November 22nd emergency meeting, Ms. Thompson ruled that the meeting (which had been called by Mayor Christopher C. Johnson) was legal and in compliance with the state's open meeting law.

Johnson defended his action in calling the meeting. "The meeting had been posted and filed in accordance with the Agawam home rule charter," Johnson said. "I am the sole judge of

what constitutes an emergency and how much notice I want to give."

Suffriti said the Mayor had no right to call an emergency meeting to deal with an agenda item already before the council.

"Down the road when this is challenged (in court), the only one who is going to be hurt is the company, and I don't want that to happen," Suffriti said.

Councilors George Bitzas, Mrs. Dziardziel, Jill Simpson, David Skolnick, Taylor, and Ms. Thompson voted in favor of the license.

Ennis voted "present." Suffriti did not answer the roll call, and Caba was not present for the vote.

Just before the vote was taken, Caba said, "I will not sit here and be a party to this. I will vacate my seat and leave the premises."

Caba said he agreed with the legal arguments in support of the meeting presented to the council in a memo from Town Solicitor Thomas Locke, but he said, "Some things have been conveniently overlooked."

Later, Caba said he would not comment on the matter because he believed the meeting would be challenged in court.

In addition to letters of support for Fisher Scientific's license application from the police chief, the fire chief, the fire inspector, the building inspector, and the town's director of Planning and Development, the council received a letter of support from Mark Hellstein, president and founder of Environmental Compliance Services, Inc., located on Silver Street in the Agawam Industrial Park.

Hellstein said he has had the pleasure of conducting business with Fisher Scientific for the last five years. Hellstein states that he has conducted over 500 environmental compliance audits of manufacturing facilities throughout the U.S. since 1978, and that Fisher Scientific's record is second to none in compliance with local, state, and federal environmental permits; OSHA compliance history; employee training programs, evacuation, contingency, and spill plans; inventory of types and volumes of hazardous wastes/materials storage and hazardous materials/waste storage practice management.

Hellstein wrote, "The record when thoroughly reviewed reveals Fisher Scientific to be a true asset to our community. Any and all efforts should be made expeditiously to resolve outstanding permitting issues."

FireWise

by Fire Chief David Pisano

The Issue Of Juvenile Firesetters

Estimates show that well over half the incendiary fires in larger municipalities are caused by children under the age of 18. In fact, many are younger. Boys are more likely than girls to be the culprits.

Unfortunately, simple curiosity, often combined with poor supervision, accounts for a large portion of the fires set by children and the children who set fires are from a diverse group, with varied social backgrounds and varying motives.

Some children who set fires are from "unstable homes," and many come from poor families. However, the statistics do not define a specific racial or ethnic group to be involved, nor is it found that many of the children have serious problems.

When identified, juvenile firesetters warrant prevention efforts. The Agawam Fire Department provides these suggestions:

- Reduce the likelihood that any child will engage in unsupervised or otherwise potentially dangerous firesetting by removing matches and lighters from reach.

- Reduce the likelihood that children who have engaged in occasional unsupervised and/or otherwise dangerous firesetting do not repeat this behavior by better supervision and/or corrective measures.

- Identify and work intensively with those children who have an established history of firesetting.

Should you know of, or suspect, a juvenile firesetter, contact the Agawam Fire Department at 786-2662 for help.

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*Source: 1994 National Survey of Homeowners. Survey included 1,000 telephone interviews with a random sample of homeowners from across the U.S. and was conducted January 1-17, 1994 by The Harris Group. Results of this survey have a 95% confidence interval of +/- 3%. Homeowners were asked: "Thinking about the different real estate sales organizations, which one would you say is the best at helping people sell their homes?" Equal Housing Opportunity. ®
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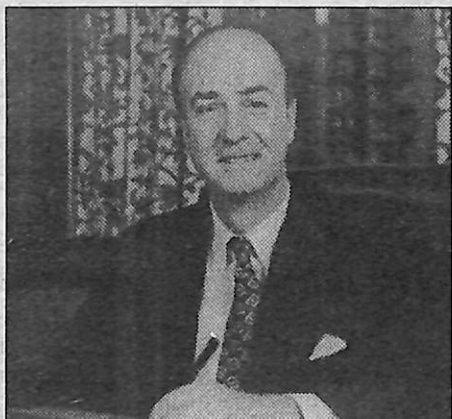


It's true! This week, Hampden Savings' customers are receiving bonus interest payments totalling \$425,000. For the sixth time in recent history, we are issuing bonus interest payments to depositors having any type of interest-earning account: regular savings, CD, NOW, Money Market, IRA.

The amount of each bonus check is equal to the average monthly interest earned during the first 10 months of 1995. For example, if accumulated interest from January through October was \$900, the bonus check will be \$90. Payments under \$5 will be credited to accounts.

Why the bonus payments? Our policy is to share—when we can—the rewards of a successful year with those most responsible for it. Few banks can say the same. But Hampden Savings is a *mutual* savings bank and, as such, has no stockholders to whom a portion of profits are paid. Instead, for the past 143 years we have operated solely for the benefit of our customers.

Since 1988 Hampden has been able to distribute more than \$2 million in bonus interest to our savings customers. So, once again, the checks are in the mail, with our thanks.



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We believe customer loyalty is the foundation of our financial strength. After all, customers' deposits are the source of our business. Our job is to make those savings dollars work productively for our customers and, at the same time, provide prudent stewardship of their deposits. We see the bonus payment as a sound business practice that is mutually beneficial.

Thomas R. Burton

Thomas R. Burton, President and CEO
Hampden Savings Bank



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Parks & Rec. Volleyball Was A Blast For Everyone!

To The Editor:

On behalf of the Olympic Fasteners, Lightning Spike, Spartans, and E.Z. Riders, I would like to express my thanks to Larry Freeman for his perseverance in creating the first Men's Volleyball League.

Larry's dedication and commitment to the league enabled this 10-week program to be a success.

A special thanks to Mary Keller for her continued efforts and support in ensuring the availability of a gym and volleyball equipment on a weekly basis. Since Mary has joined Agawam as our Recreation Director, there have been more activities available to our community.

To all the team players who executed great enthusiasm and endurance throughout the past 10 weeks, I am looking forward to another successful season!

T.J. Brouillette

Parents Needed To Be Involved At Phelps School

To The Editor:

As a parent of a child attending Benjamin Phelps School, I have attended the two open PTO meetings held this year. There are over 400 students attending Phelps, but both meetings had very poor attendance. In fact, on Tuesday, November 14th, I was the only parent at the meeting. All of the other people in attendance were on the board and the only male present was Mr. Farrell, the principal.

Do other schools in the Agawam system have as poor a turnout as Phelps for their PTO meetings? Why don't people attend and why aren't the PTO board members concerned about poor attendance by other parents? It's not a surprise that the Agawam schools are having so many problems when you think about it.

I find it hard to believe there are no other parents sending their children to Phelps who want to be informed and involved and supportive of their child's education. The PTO meetings are supposed to be the means for parents and teachers to communicate with each other. The PTO is also responsible for the fundraisers at the school. Did you know:

* Phelps made approximately \$8,000 on this year's fall fundraiser and the bake sale made an additional \$250-plus?

* The PTO gives each classroom teacher at Phelps \$50 cash for their rooms for Christmas every year? All employees from custodian to cafeteria workers also receive some type of token gift (i.e., poinsettia, calculators, or gift certificate).

* Phelps instituted a whole word reading program at the start of the school year, but the materials for this program only came in recently.

As parents with children in the Phelps school system, we could be involved with how the money in the PTO budget is spent or what programs are used or be informed of the concerns and/or pro-

blems the teachers are having. It's also important for parents to attend PTO meetings to insure that the people on the board make decisions based on what the majority of the parents want versus their own personal interests. I'm not saying this is being done, but how do we know if we don't attend the meetings and get involved.

The next PTO meeting is scheduled for January 16, 1996 at 7:00 p.m. in the school cafeteria. I hope parents will read this, mark their calendar and plan on attending. How much better our school systems will be if more parents take time out of their busy schedules to insure their children are getting the best education Agawam and the State of Massachusetts can offer.

What a great way to show your children you care by being involved and informed. Together we can make a difference. I'm looking forward to seeing you there.

Sincerely,
Debbie V. Frazzetta
Agawam

Resident Blasts Councilor For Remarks In Letter

To The Editor:

Poor Vivian Dziardziel! She just doesn't get it. She seems truly confused about the message that voters sent, and actually seems angry that a popularity contest didn't go her way.

Nearly 50 percent of the registered voters in our town went to the polls, Ms. Dziardziel. It is OUR sandbox, and it's WE who determine who plays in it.

How someone who cries and writes impassioned rants about "mudslinging" can turn around and, in the very same letter, libel two candidates who quite obviously care deeply for residents and offer this Town a vision of citizen empowerment eludes me.

Messrs. Kasparian and Russo deserve better, Ms. Dziardziel. They deserve an apology.

The whole entire city deserves an apology. Ms. Dziardziel insults city residents in a childish temper tantrum, a fit of sour grapes and bile, not only dismisses the souls and minds of city residents, but actually has the nerve to castigate a whole entire city for resenting that.

We quite properly resent and act against petty politics, power trips, and delusions of grandeur. What citizen, in his or her right mind, wouldn't?

I do watch the meetings and read the records. I read all the statements, and I have studied all issues raised in intensively. Who hasn't? I think election results clearly demonstrate our being well informed.

What the city rejected were political factions, Ms. Dziardziel, mine as well as yours. I don't blame them. Agawam is tired of "town politics" and will vote against it every time.

That's why we had such mixed results. We will have no referendum, as Mayor Johnson retained his secret. Such visionaries as Messrs. Stieg and Kasparian were handily defeated. A pro-mayor faction retains much clout in the persons of Nancy Thompson and Messrs. Bitzas and Quatrone, even as Ms. Simpson has lent her support to Ms. Thompson and Mr. Quatrone.

The top six City Councilors-elect all support a referendum.

The move is on for zoning reform and charter review. More people are demanding accountability from public servants.

I have never said of the two councilors removed that they lacked industry, resolve, or studiousness. I have voted for them, as well as Ms. Dziardziel, and the City Council President in the past precisely because of that. I reject them all now, not because of past accomplishments, but in spite of them. I continue to support a lot of their reforms and issues, but, as with Mayor

Johnson, who once also had my support. I find myself distressed by power politics and abuse of office.

Our zoning is inadequate. Our charter has no provisions for recall or referendum. Citizens are far removed from a process that involves their livelihood, and have been swatted like common houseflies every time they try to remedy that situation. Open meeting laws are being subverted. Information is never released without intensive spin control and public relations campaigns.

Those sound like several issues to me, Ms. Dziardziel. Perhaps, if all of us are finally finished whining, complaining, throwing stones, or beating each other bloody, we can at last begin to fix the mess you made.

I hope Messrs. Stieg, Kasparian, and Russo do not let all of this tumultuous fun dissuade them from campaigning in 1997.

Owen Broadhurst
Agawam

Member Of Council Needs To Improve Conduct

To The Editor:

After watching the recent Town Council meeting, I felt the need to comment on Mr. Ennis' conduct.

Mr. Ennis seems to have a problem with being rude and insulting to anyone on or in front of the Council that he disagrees with. Mr. Ennis also seems to have a problem with the administration and anything it proposes.

Mr. Ennis, it is time to work together for the town, and not to hear yourself argue. Also, Mr. Suffriti, you seem to be following Mr. Ennis, which is a major mistake.

Together you are making a joke of the Town Council. The people of Agawam better start taking time to watch the Council meetings. We have lost Mr. Taylor and Mr. Danie, two hard-working and intelligent councilors, and kept a couple of councilors who are looking to argue every matter, right or wrong.

Joseph Sherry
Agawam

SEE LETTERS - Page 5...

COMMUNITY CALENDAR

Sponsored By
COLONIAL FUNERAL HOME

Friday & Saturday,
December 1st and 2nd
"Country Holiday Fair"
At Country Estates at
1200 Suffield St., Agawam
9:00 a.m. to 4:00 p.m. (both days)

Saturday, December 2nd
Annual Christmas Bazaar
At St. John's Church,
833 Main Street, Agawam
Starting at 9:00 a.m.

Saturday, December 2nd
Operation Friendship of
America's Roast Beef Dinner
At F.H. Congregational Church,
21 North Westfield St., F.H.
Servings from 5:00 to 7:00 p.m.

Sunday, December 3rd
Agawam UNICO's Pancake Breakfast
At Agawam Senior Center
8:00 a.m. to 1:00 p.m.
Cost: \$3 (kids under 10 are free)
Tickets available from any UNICO
member or at the door

Sunday, December 3rd
"Pancake Breakfast with Santa"
(sponsored by Ag. Jr. Women's Club)
At Agawam High School
9:00 to 11:30 a.m.
Tickets available at the door



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LETTERS - from Page 4...

St. David's Church Thanks Many For Great Auction

To The Editor:

The Pastors, Parishioners, and Auction Committee of St. David's Episcopal Church wish to thank the following for their contribution and consideration to our recent Building Fund Benefit Auction:

Mayor Christopher Johnson, Police Chief Campbell, Rossi Auctioneers, Agawam Advertiser News, Reed Industries, Hollywood Video, Hartford Whalers, Old Storowton Tavern, Taylor Rental, Rollaway, Gold's Gym, Christo's Restaurant, Fitness First, Riverside Park, 911 Burgers & Dogs, Groomingdales, Hair & Co., Showcase Cinemas, Olive Oil's Restaurant, Sandy's K-9 Quarters Pet Salon, Floral Concepts by Tom.

Belmont Laundry, Red Door Community Theater, Jay's Hairstyling, Guitar Academy, Private Music Lessons by Laura Cassanelli, Raymond Anthony, Luigi's Pizza & Pasta, Games & Lanes, Inc., Tim Daggett, Chicken Queen, Healthy Habits, Bancroft Bridals, Cincotta Farms, Curry Copy, Lucia Lumber, Sturbridge Village, Valenti's Restaurant, Parrotta's Auto Repairs & Sales, Richy B's, Friendly's, Partner's Restaurant, Pizza Hut, Chi Chi's, Stop & Shop, Shear Techniques, Curran Jones Funeral Home, Freedom Farm, Leaded Glass Creations.

My Favorite Things, Frank Pignature's Texaco, Oak Ridge Golf Club, Take Five Restaurant, Falth Sullivan Therapeutic Massage, Stage West, Han-noush Jewelers, Ground Round Restaurant, Attorney Alan Ferrigno, Terry Etc., Sheraton Athletic Club, Mary Kay/Gail Roberts, Allied Heating & Air Conditioning, West Side Hardware, Kinney 1-Hour Photo, Food Mart, Tots, Toys & Treasures, Caruso, Ghostlaw, Murray & Brown, Boston Bruins, Dayga Printing, Country Squire Furniture Shop, John's Trucking of Agawam, A Cut Above, Milton Bradley, Lily of the Valley, Country Flowers & Gifts, Westfield Savings, Shear Elegance, Cornerstone Christian Bookstore, Thorpe's Office Supply, Country Mouse House, Torinese Italian Baker, Family Affair Ceramics.

Binks Manufacturing, Agawam Funeral Home, Agawam Medical Supply, Curran Jones Funeral Home, Tolly's Pizzeria, Westbank, H.L. Dempsey, W.H.Y.N., Play It Again Sports, Agawam Dental Associates, Boston Celtics, Fini's Plant Farm.

Fran Johnson's Nevada Bob's, Borsari Oil Service, Armstrong Blum-Spartan Saw Division, Lego, R.A. Usifer Associates, Inc., Lego, Polish American Club, The Cutting Edge, and "Charlie" from Chickie's Restaurant.

Thank you all for your generosity in assisting us in our fundraising efforts! We are happy to report that the auction was a great success!

Respectfully,
Paula Tonelli

Building Fund Benefit Auction Chairman

CCBA Seeks Funds From The Public For Financial Efforts

To The Editor:

Dear Agawam Resident And/OR Business Owner:

A growing number of citizens and business owners have united to oppose the construction of a power plant by a group known as Berkshire Power.

Since January of 1995, the volunteers of the Concerned Citizens and Businesses of Agawam (CCBA) have done extensive research and collected information regarding the impact of the proposed power plant on the environment, health, safety, and property values of the community.

The CCBA maintains the stance that a power plant would not benefit the community and would change the character of the Town of Agawam, forever.

I am donating my services as a professional caterer and fundraiser to the CCBA because Agawam is my hometown. Funds are needed to assist the CCBA with postage, advertisement costs, and legal fees. The CCBA financial efforts are independent of other entities intervening against the proposed power plant.

If you are interested in contributing your time, goods, and services or a monetary donation to this organization, all help is welcomed no matter how large or small.

Please feel free to contact me at 789-4156 or the CCBA at P.O. Box 944, Agawam, MA. The first fundraiser will be a cocktail reception at Crestview Country Club on January 6th, 1996, with more details to follow.

Happy holidays,
Susan Amabile
Feeding Hills

P.S.: Please make checks payable to Concerned Citizens and Businesses of Agawam. The CCBA is only involved in the issue of the proposed Berkshire Power Plant.

Time To Reevaluate Dissent On Berkshire Powe Plant

To The Editor:

It seems that the claims of the opponents of Berkshire Power Plant regarding the plant's lack of environmental impact on our area are true. The publicized report requested by the city makes this very clear.

Perhaps it's time to have a bit of historical perspective. The Agawam Industrial Park was zoned industrial to allow just such a project to be built there for the benefit of the city. It seems that there are always some in our area, not just Agawam, who are fond of opposing projects that ultimately benefit all of us. An example can be made regarding the Eastern States Exposition.

In 1916, the National Dairy Show decided that they would hold their big annual event on the Eastern States Exposition grounds. They would do this only if the grounds were upgraded. Part of the upgrade called for the laying of railroad tracks across an existing roadway so that livestock and supplies could be shipped from anywhere at all in the country, directly to the site.

Given the incredible success of the Eastern States Exposition and its huge contribution to our local economy, it may be hard to believe, but even at that time, there were people who were against laying these railroad tracks across the road. When they learned what was happening, they went to court to seek an injunction stopping the laying of the railbed, which was already under construction.

Fortunately, the founder of the Eastern States Exposition, Joshua Brooks, went to work making a case to the people of West Springfield about the benefits that would, in fact, come from the Eastern States Exposition. While the opponents went to work in the courtroom, he went to work in the court of public opinion.

We all know the outcome of this story and we all benefit today from the Eastern States Exposition. Maybe it's time that we learned a lesson from West Springfield and did the same regarding Berkshire Power.

Sincerely,
Dawn Johnston
Agawam

SEE LETTERS - Page 6...

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**Don't Forget
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For Christmas
Parties!**

LETTERS - from Page 5...

Power Plant Opponents Must Contribute To Our Welfare

To The Editor:

For months and months all we've been hearing about is the fracas over the proposed Berkshire Power Plant for Agawam.

The facts are really simple. Berkshire Power was invited into Agawam by our elected city officials. Berkshire Power has gone through all kinds of hoops and hurdles. These include five long (public) City Council meetings that ran for four and five hours each throughout the summer. They've had to make all kinds of state and federal applications to be allowed to build this power plant.

Now, finally, the environmental report received by the Agawam Board of Appeals makes it very clear - all of the opponents' claims about the horrors that might come with this plant are just not true. In addition, the major business opponents of Berkshire Power, Chez Josef, has backed down from its opposition.

It is time that the opponents recognized the facts and start contributing to the welfare of our city, rather than detracting from it.

Sincerely,
Jessie D. Fuller
former Agawam Councilor

Campaign War Chests Must Be Reduced To Better System

To The Editor:

When thinking about reducing the cost of campaigning, consider this. In Abraham Lincoln's time, candidates for President of the United States did not campaign for themselves. They considered it beneath their dignity. Today, nothing is beneath the dignity of our political leaders. Indeed, the entire country is held up because the House Speaker's nose is out of joint because of an imagined snubbing by the President.

Campaigning was done by supporters of the President who were duly opposed by their adversaries. People like Joseph Medill of *The Chicago Tribune*, Horace Greeley of *The New York Tribune*, James Gordon Bennett of *The New York Herald*, William Cullen Bryant of *The New York Evening Post*, Ben Wood of *The New York Daily News*, and Manton Marble of *The New York World*, whose papers would all express their views in print pro and con about the candidates and lesser office seekers would campaign for themselves as did Lincoln and Douglas in their debates while running for Senator from Illinois.

The public was well informed. Public debate over issues and people were enthusiastically at-

tended and those there spread the news to others. Elections brought out oftentimes the vast majority of people. Of course there was no television.

What possible relationship could this have to 20th and 21st century politics? Well, most of the campaign money is spent on television ads. So, let's cut out campaign television and go back to newspaper coverage and the setting of the public forum similar to that given each year in the Springfield Auditorium. Speakers could debate or simply present their views individually, both covered by a wide variety of newspapers.

If T.V. stations wanted to, they could cover the presentations, at no expense of course. Think of the money this would save. Also, most political commercials are egregiously inane and vapid. Most people have already made up their mind and those who haven't could read the newspapers.

One other item here. The millionaires have tried their luck at running the government and to put it somewhat euphemistically, the people are less than enthusiastic about their record. So, how about limiting candidates to people whose income is no higher than \$50,000 a year? That would eliminate T.V. ads because no one could afford them and would vastly increase the possibility for more people to run for public office.

All of this is probably useless speculation because it would require a constitutional amendment. However, it seems to me to make more sense than some of the amendments that have been proposed lately. It also is one concrete suggestion for lowering campaign costs. Maybe others will follow.

Sincerely,
Robert E. Colburn
Agawam

Setting The Record Straight Regarding Petition Question

To The Editor:

I would like to set the record straight for those voters who were misled by a few of the so-called concerned citizens, saying in a paid advertisement, that we voted five times against the people's ballot question.

That is not true at all. The question on the petition that the people signed never came to the council floor for a vote. This question was amended and changed to a different question by Councilor Simpson.

I voted against Councilor Simpson's question because I said many times in the past, that I would support only the question which comes from the people as they signed it, not with any amendments or different wording by any councilor.

I believe and still do that no councilor has the right to change the wording of a petition signed by the people. I have kept my word. I have never changed my position or my vote as a few people have said to the press. I voted three times against the individual councilor's question, but I have

never voted against the people's ballot question as they signed it. This shows on the council record for anyone to see.

In the future, when a ballot question comes legally to us from the people without any changes by any councilor, I will support it. The few people who have said the half-truths and write lies in the newspaper, continue to spread false rumors. Fortunately, there are only two or three of them in our town.

The people of Agawam know better and they don't want this kind of dirty politics, lies, and innuendoes. The people of Agawam know those who really care and work honestly for the best interest of our town.

I hope that after these emotional and heated elections, our elected officials and the residents of our town can come together and work with honesty and respect for one another. We are all interested in securing the best future that we can for our town. We can do this by working with each other, not against each other, for Agawam's future.

Thank you and have a happy holiday season.

Sincerely,
George Bitzas
Agawam Town Councilor

Veteran's Day Luncheon Was Huge Success For Community

To The Editor:

As part of the closing events commemorating the end of the World War II 50th Anniversary period, the Agawam Veterans' Council, along with the 50th Anniversary Committee, hosted a Veterans Day luncheon at the Agawam Senior Center.

Everyone attending had a wonderful lunch, WW II music, and over 50 raffle prizes were provided by Agawam businesses. We wish to express our sincere appreciation to Betty Couture for preparing wonderful breast of chicken dinner (she's a great cook); to Rich Mundo for allowing us use of the Senior Center; to Sandra Smith for her support and assistance, and a special thank you to Bob Knight for donating and providing the World War II music; and to Rose Haynes for her display of her WW II woman marine uniforms and information.

We received many favorable comments on the display. Above all, thank you to all who purchased a ticket and helped make the event a great time for all.

Once again, to our Agawam businesses, our thanks to you for your continual show of support for veterans. Your donations of raffle prizes were instrumental in helping us to raise \$674 more toward the planned HONOR ROLL for Agawam veterans.

Raffle prizes donated by: SHEAR TECHNIQUES, OLDE TOWNE BAGEL, AGAWAM'S FINEST CLEANERS, HERITAGE SALES, RYAN DRUG STORE, MACHIKO'S FASHION CENTER,

SEE LETTERS - Page 7...

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Work Is Completed On New Brochure About The Town Of Agawam

The Agawam Chamber of Commerce and the Town of Agawam are pleased to announce that they have completed work on a new full-color brochure about Agawam. The brochure will be used in the Town's and the Chamber's continuing efforts to attract new industry and new jobs to Agawam.

The brochure highlights many of Agawam's unique qualities such as its strong community spirit, wonderful business and recreational opportunities, outstanding services and schools, ample availability of quality industrial land, and accessibility to major transportation.

Mike Fiorini of Environmental Compliance Services led the Chamber effort to create the brochure and said, "This project afforded the Agawam Chamber an excellent opportunity to work closely with town officials to produce a high-quality community profile. This brochure illustrates Agawam's many fine resources and should encourage industry to consider Agawam as a prime location for their business."

The brochure was full funded by the Agawam Chamber of Commerce.

Mayor Christopher C. Johnson said, "The brochure will be invaluable in providing key information about our community to industrial and business prospects. Attracting new business and industry is vital to the continued economic stability of our community and the region. The brochure is beautifully done and captures the wonderful essence of our town."

Planning and Community Development Director Deborah Dachos worked on the project and said, "The brochure is great and it will certainly help the town in its efforts to attract new quality industry and business."

Mayor Johnson closed by extending thanks on behalf of the community to the Agawam Chamber for their efforts in supporting the town and providing the brochure.



LOOKING OVER THE NEW BROCHURE promoting the Town of Agawam are members of the Agawam Chamber of Commerce with Mayor Christopher C. Johnson. Standing, from left - Donald Anderson, Denise Vogel (chamber president), and Kevin McElhinney. Front row - Mayor Johnson, Michael Fiorini, and Kurt Welker. Advertiser News photo by Jack Devine.

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SURGEON GENERAL'S WARNING: Smoking
By Pregnant Women May Result In Fetal Injury,
Premature Birth, And Low Birth Weight.

LETTERS - from Page 6...

SOUTHGATE LIQUORS, FITNESS FIRST, KINNEY'S 1-HOUR PHOTO, E.B.'S RESTAURANT, JIM'S FLOORS AND MORE, TOPPER'S ICE CREAM, TORINESE ITALIAN PASTRY, PETER-JON'S GOURMET ICE CREAM FLORAL CONCEPTS, CHH ENGRAVING, LETALIEN JEWELERS, GUITAR ACADEMY, SARAT FORD, R&R JEWELERS, GINO'S LIQUORS, LILY OF THE VALLEY GIFT & FLOWERS, WESTFIELD SAVINGS BANK, DAIRY STORE.

There were also some money donations which will be listed in a later article with others.

Sincere Thanks,
Ruth Bitzas, Chairman
WW II Committee

P.S. WW II commemorative candles are available for holiday giving at the low cost of \$10. They are one pound holiday scented jar candles by JACK'S CANDLES with the 50th Anniversary decal. Proceeds support HONOR ROLL. Call Veterans' Services, 786-0400, ext. 236, or any WW II Committee member.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will reconvene a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, on THURSDAY, DECEMBER 7, 1995, at 6:00 P.M. for all parties interested in the appeal of BERKSHIRE POWER DEVELOPMENT, INC. which is seeking a Special Permit in accordance with Section 180-63 of the Zoning Ordinances, which would allow for the construction of certain buildings and appurtenant structures in excess of 40 feet, at the premises identified as MOYLAN LANE, approximately 500 feet from the corner of SHOEMAKER LANE.

Ronald Hebert, Chairman

Published: November 30, 1995



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Looking Back...

by David Gallano
Agawam Historian

November 1974

NOVEMBER 23rd - FIREMEN WIN HOLIDAY PAY GRIEVANCE

The firefighters' union has won out on a grievance in binding arbitration on the issue of computation of holiday pay. In 1973, the town unilaterally altered the computation of holiday pay to base it upon a 9.6-hour work day rather than upon a 10-hour work day as had been the case since at least 1968. Although the work week has subsequently been reduced to 42 hours, the tour remains unchanged. Members of the bargaining unit continue to work a 10-hour day tour.

The town, therefore, was directed to base holiday pay upon the 10-hour formula and to make retroactive payments to members of the bargaining unit for loss of holiday pay incurred because of computation based upon less than 10 hours.

NOVEMBER 26th - SPEED ASKED ON REGIONAL RECYCLING

Town Manager James Westman said today steps must be taken now on a regional basis for a large-scale recycling program at Bondi's Island. Westman said that while he supports a recycling program "100 percent," the effort will be most effective "if done on a large scale."

"Although we'll probably be paying more, we don't anticipate a pull-out when it's time to join in on a regional-type dumping program. Regionalization," he said, "is the more intelligent method of dealing with solid waste."

NOVEMBER 27th - SCHOOL VANDALISM PROMPTS REQUEST FOR RECREATION PROGRAM

Vandalism at Danahy School has prompted the School Committee to ask Parks and Recreation Director Jack Kunasek to investigate a program for teenagers in North Agawam. According to Committeeman Richard Borgatti, about 20 students 15 to 17 who mill around the school after hours have asked him what else they could do in the early evening.

Superintendent Robert Gardner estimated a loss of 80 windows per year at Danahy. He added that most of the damage occurs after school.

NOVEMBER 30th - COUNCIL TO RECEIVE CABLE TV REPORT

Progress of negotiations for bringing cable TV to Agawam will be reported to the Town Council at the next meeting. Councilman Kenneth Barnes, head of the cable TV committee, is expected to make the report.



Berkshire Power Pleased With Results Of Environmental Study

Berkshire Power said recently that they were very pleased with the results of the independent environmental review conducted for the Agawam Zoning Board of Appeals.

The report, compiled by Tech Environmental, Inc. and the BSC Group, stated the following:

"TEI and BSC are of the opinion that the Berkshire Power Project will not create any adverse environmental impacts in general and, in particular, to the Town of Agawam. Further, it is our opinion that, in general, the mitigation measures proposed for the project provide adequate protection for public health and safety as well as mitigation of nuisance conditions.

"We believe that the environmental assessments provided by the proponent, Berkshire Power, properly address and characterize the likely impacts of the project. While the environmental issues and concerns raised by the opponents have merit and are reasonable for consideration, TEI and BSC do not believe that any of the environmental issues raised by the opponents and addressed in this report are grounds for denial of a Special Permit for the proposed project."

The independent evaluation also dismissed claims of severe health impacts when it stated, "If properly maintained, the proposed cooling towers will not be a threat to transmit Legionnaires' disease or any other pathogenic microorganisms to people living near the plant. If properly maintained, the proposed cooling tower will not even be a health threat to those populations of most concern (i.e., those people who may have reduced immunity due to age or other health factors)."

The two independent environmental firms were hired by the town to review Berkshire Power's Draft Environmental Impact Report (DEIR). Berkshire has already received a certificate of compliance on the DEIR from the Secretary of Environmental Affairs, Trudy Coxe. The DEIR reviewed a host of environmental issues such as water use, air impacts, fogging, icing, alternate technologies, noise, traffic, and visual impacts. The certificate found that the report adequately complied with the Massachusetts Environmental

Policy Act and the independent engineers' report confirmed that assessment.

"The major environmental issues that have been raised by the small group of opponents have been answered in this independent report. The facts are here for all to see. We now look forward to continuing with the permit process and to the day when Agawam can begin to enjoy the benefits of this project," said Mr. Roberts.

The independent engineers' report follows on the heels of approvals that have already been issued by the Agawam Planning Board and the Agawam Conservation Commission. **When it begins operating, the Berkshire Power Project will be the cleanest gas fired-power plant in the nation and will provide one million dollars per year in revenues to the community.**

"This independent analysis confirms what we have been saying about the project," said Berkshire Power Project Manager Ken Roberts. "This environmental evaluation demonstrates that the plant is indeed clean industrial development for Agawam. It cuts through the misstatements of the project opponents and shows that predictions of various environmental disasters are false."

The report specifically addressed some of the more onerous statements of the opposition and found them to be without merit. Regarding emissions, the report stated, "The air pollution control measures proposed for the project are adequate, **and in fact, are among the most stringent applied on similar projects throughout the United States.** Resultant air quality impacts are expected to be very low and truly should be insignificant as claimed by the proponent."

Similarly and significantly, **on the use of water,** the report stated, "It is clear that the **municipal water supply system can supply the amount of potable water required for the proposed plant** without significant impacts on existing water users."

The independent reviewers also found that **"disasters" resulting from fogging and icing, as claimed by the opponents, would not occur.**

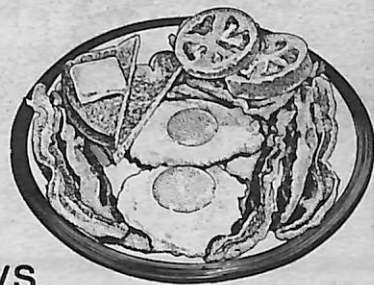
Check
our
classified
pages

Please remember that our deadline is every Tuesday at noon. We do appreciate those who bring in their copy on Mondays. We open at 6:30 a.m.

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I would like to express my sincere appreciation to all the people of Agawam for their continued confidence in my leadership. Special thanks to my wonderful family and friends for their support and assistance during the campaign.

On behalf of my wife Anna and myself, I extend our best wishes for a healthy and happy holiday season and a prosperous new year.

Chris Johnson
Mayor



Families

Jr. Women's Club Supporting Group Helping Foster Kids

At the November meeting of the Agawam Jr. Women's Club, information about CASA programs was the featured topic:

Each year in the U.S., approximately 270,000 children are removed from their families and placed through the court system into foster care. These children may have been abused, neglected, or abandoned. A juvenile court judge will decide their future, often based on incomplete information.

Today, about 37,000 people are working for these children as Court Appointed Special Advocates - CASA volunteers. They are lay people trained and then assigned by a judge to represent the best interests of the children whose cases are before the court.

The CASA volunteer gathers relevant information by interviewing anyone who might have contact with the child and family. They then make a recommendation to the judge about what would be in the child's best interest.

CASA volunteers currently advocate in 50 states for children in 592 courts. Last year, approximately 120,000 children, or just over 10 percent of children in out-of-home placement, had CASA volunteers working on their cases. In Springfield, Karyn Gurau is in charge of volunteers and can be reached at 739-7411. More help is always needed.

The Agawam Jr. Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs of Massachusetts.

For all the hometown news, you turn our pages each week!!!



AGAWAM JUNIOR WOMEN'S CLUB MEMBERS Liz Taylor (president, left) and Carol Patrick (right, corresponding secretary) greet Holly Southworth, case supervisor for CASA, and Karyn Gurau, CASA volunteer coordinator, at the November 21st meeting. Advertiser News

photo by Jack Devine.

Western Mass. Genealogical Society Plans "Holiday Party" For December Meeting

The December meeting and annual "Holiday Party" meeting for the Western Mass. Genealogical Society will be held at the Connecticut Valley Historical Museum at the Quadrangle beginning at 7:30 p.m.

Free parking is available and members may do research at the Museum from 5:00 p.m. At the

meeting, members are invited to read or recite a short anecdote of a family tradition or event of their "Christmas Past."

The meeting is open to visitors and persons interested in genealogy are especially welcome. For further information, you may call 567-6566.

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Higher Price Prevails
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KERRI A. PIRNIE

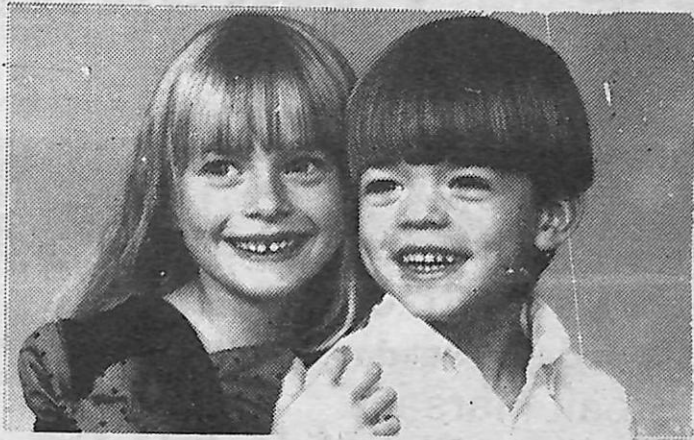
Seaman Kerri Pirnie Completes Basic

Seaman Recruit Kerri A. Pirnie recently completed Basic Training at the Naval Training Center in Great Lakes, Illinois. Currently in / TD School, she will leave for Sardinia, Italy in January on duty aboard the USS Simon Lake.

A 1995 graduate of Agawam High School, she is the daughter of Charles & Diane Pirnie of 41 Woodside Drive, Agawam. Her proud grandparents are Elaine DiDonato of Largo, Florida and Mavis Pirnie of East Longmeadow.

Our deadline is Tuesday at noon!

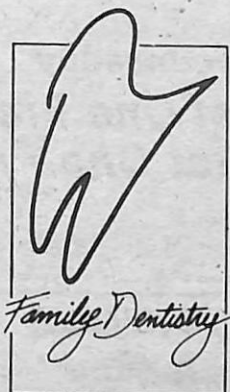
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FAMILY DENTISTRY & ORTHODONTICS

Ag. Friendly Travelers Attending Xmas Party At Chez Josef

Agawam Friendly Travelers will be sponsoring Landmark Tours Christmas Party at Chez Josef, Tuesday, December 5th, featuring headliners Paul Wayne and Mark Verselli.

Paul Wayne is a gifted writer and musician whose comedy is clean, funny, and has people "rolling in the aisle." He devotes himself to providing the kind of top-notch entertainment that leaves people begging for more.

Mark Verselli has captivated audiences in nightclubs, resorts, and hotels across the country with his refreshing, professional, polished acts. When Mark takes the stage, he brings along many of our favorite celebrities. He is today's most accurate and insightful impressionist.

Luncheon menu features a choice of baked ham, baked scrod, or chicken Cape Cod and includes appetizer, salad, potato, vegetable, rolls and butter, dessert, coffee, tea, and a glass of wine with dinner.

Santa Claus himself is guaranteed!

Dinner and entertainment is \$32 (with own transportation). Show time is 10:30 a.m. to 3:15 p.m. For further information or reservations, contact Nellie Mathias at 786-9093 or stop by the ticket booth at the Agawam Senior Center, Monday through Friday, 11:00 a.m. to 2:00 p.m.

The trip is open to the public.

Holiday Fair At Country Estates

Country Estates of 1200 Suffield St., Agawam will be holding its annual Country Holiday Fair on Friday, December 1st and Saturday, December 2nd from 9:00 a.m. to 4:00 p.m. on both days.

Besides the handmade, exquisite gift and holiday ideas prepared by the residents and staff, there will be more than 20 local artisans displaying their goods for sale.

This is a "must stop" bazaar for everyone who would like to find just the right gift for that special someone on their list.

In addition, there will be raffles held throughout the day for prizes of donated handmade items!

Open Pantry Plans Christmas Party For Kids On December 9th

The West Springfield/Agawam Open Pantry will be holding its annual Children's Christmas Party on Saturday, December 9th at the First United Methodist Church in West Springfield.

Last year, over 300 children from our community who otherwise might not have been able to enjoy the holiday were fed and entertained and it is anticipated that at least that number will attend this year.

Highlights of the party include the appearance of Mr. & Mrs. Santa Claus, Padraig The Elf, and Looney-Balloon, a brief talk by a member of the clergy, singing of Christmas carols, face painting, balloons, and lunch.

Each child receives a bag which includes a large gift, a small gift, a stuffed animal, mittens, a hat, and some stocking items.

If you would like to help by donating Christmas gifts for the children, the following is a list of suggestions:

Baby dolls, Barbie dolls, large trucks & other action vehicles, small cars & trucks (Matchbox, Tonka, etc.), stuffed animals (mid-sized), infant & toddler gifts, balls of all kinds (basketballs, footballs, baseballs, etc.), watches (boys & girls), books, stocking items, games & cards, hair items (bows, barrettes, etc.), crayons & coloring books, combs, hats & mittens.

Donations may be brought to the West Springfield/Agawam Open Pantry from 8:30 a.m. to 2:00 p.m. Mondays, Tuesdays, Wednesdays, Thursdays, and Fridays, and on Wednesday evenings from 4:30 to 6:30. If you have any questions, or would like to volunteer, please call Diane Crowell or Pat Lyman at the Open Pantry (734-7969).

Donations are appreciated very much (by December 1st, please).

The Christmas party committee members are Barbara Amsden, Al Aube, Richard Clark, Diane Crowell, Rachel Hartman, Patrick Kearney, Joan Kellogg, Evelyn Lavelli, Pat Lyman, Linda Nummy, Phyllis Platenik, and Ellian Sanchez.

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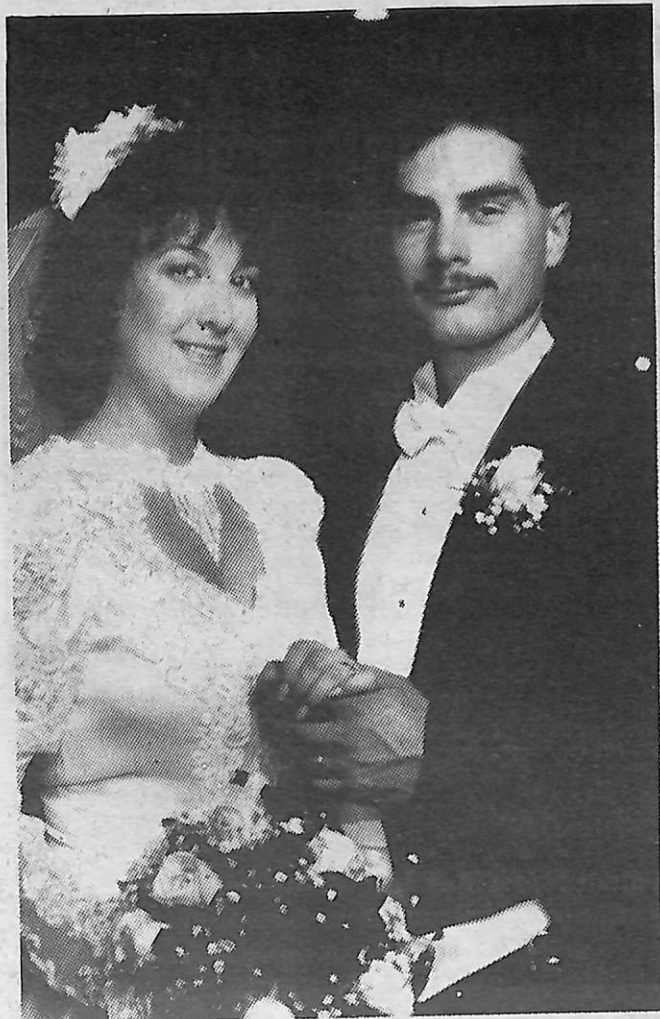
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MR. & MRS. MICHAEL DICIOCCIO

Kristin Gagne Weds Michael DiCioccio

The Meetinghouse at Storowton Village in West Springfield was the setting for the recent wedding of Kristin Gagne and Michael DiCioccio.

The bride is the daughter of Miriam Assad of Feeding Hills and James Gagne of Springfield. The bridegroom is the son of Sandra Moreland of Torrington, Connecticut.

Kerry Gagne attended her sister as maid-of-honor. Bridesmaids were Christina Chiaro, Kristine Parrow, and Christine David of Agawam, Jenny Moreland of Torrington, Connecticut, and Ashley Gagne of Springfield.

James Casson served as best man to the groom. Ushers were Todd Norieka, Jerry Richardson, and Tom Clark of Torrington, Connecticut, Don DiCioccio of Florida, and Chris Gagne of Springfield.

The bride graduated from Agawam High School and Springfield Technical Community College and Northwestern College of Connecticut. She is employed by the Charlotte Hangerford Hospital in Torrington, Connecticut.

The groom graduated from Torrington High School and is currently attending Oliver Wolcott Technical School. He is employed by Electrical Contractors, Inc. of Hartford, Connecticut.

After a honeymoon in Nassau, Bahamas, the couple will reside in Torrington, Connecticut.

All the local news with us!



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Monday Through Thursday, 6:00 a.m. - 6:00 p.m.

Friday And Saturday, 6:00 a.m. - 7:00 p.m.

Sunday, 7:00 a.m. - 2:00 p.m.

Cheesecakes Freshly Baked On Premises

Holiday Ornaments Now Available

The Agawam Junior Women's Club has its 1995 holiday ornament available. This year's ornament is the fifth in a series featuring historical landmarks in Agawam/Feeding Hills.

This year's ornament features "American Beauty" from M.C. Illion's Carousel, circa 1909, located at Riverside Park.

The ornament features a molded pewter medallion of "American Beauty," surrounded by a pewter wreath. The donation is \$5. Proceeds will be used for community service projects.

There are a limited number of past years' ornaments available as well. Please call Pam (789-3274) or Betty (786-4357) to inquire.

The "American Beauty" ornament is on sale now at The Feeding Hills Public Market, The Agawam Public Market, Surprise! Card & Gift, and The Corner Deli.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs of Massachusetts.

Operation Friendship Slates Roast Beef Dinner For Dec. 2nd

A roast beef dinner hosted by Operation Friendship of America will be held on Saturday, December 2nd, at the Feeding Hills Congregational Church, 21 North Westfield Street, Feeding Hills, with continuous servings from 5:00 to 7:00 p.m.

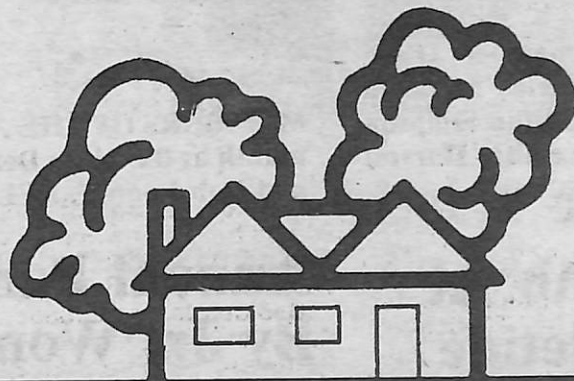
The cost for adults is \$7.50; \$4 for children under 12 years of age; and free for children under five years of age.

For reservations, call Kathy Rose at 786-0195 or Chris Mangano at 789-3128. If you reach an answering machine, please leave your name and number of reservations.

Walk-ins are welcome.

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Westbank's PrimeEQUITYLINE or READY MONEY EQUITY LINE IS A VARIABLE RATE LOAN on which the Annual Percentage Rate may vary. The APR is based on the prime rate published in the Wall Street Journal on the first day of every month. At no time shall the APR exceed 18% or be less than 7% annually. The offer is subject to change without notice.

MEMBER F.D.I.C.



Lions Club Enjoys Big Success With Breakfast



AGAWAM LIONESSE CLUB members Diane Simpson, Miriam Taupier, & Helen Merklein with future Lioness members Caitlin Simpson and Krysten Hamel at the November Harvest Breakfast. Advertiser News photo by Jack Devine.



MEMBERS OF THE AGAWAM LIONS CLUB served a great Harvest Breakfast earlier this month at the Lions Den. From left - Anthony C. Bonavita (president), Joe Guy, Ed Judkins, and Bob Loomis. RELATED PHOTOS ON NEXT PAGE. Advertiser News photo by Jack Devine.

Ag. Garden Club At Storowton Yuletide

The Agawam Garden Club will showcase its talents by providing all natural holiday decorations for one of the antique buildings at Storowton Village Museum, West Springfield, for its annual event, "Yuletide at Storowton."

The winter holiday festival is free to the public and takes place December 2nd and 3rd from 11:00 a.m. to 4:00 p.m.

Donating its time, expertise, and natural materials, the club will decorate the School House with holiday decorations using a combination of greens, twigs, and vines as well as a specially created miniature log cabin and a holiday tree for added flavor. With their decorations, the club will incorporate the names of the original students who attended the school when it was located in Whately, Mass., in the 19th century, before being moved to its present site in Storowton Village.

The whole family will enjoy the beauty of an old fashioned holiday at Yuletide at Storowton, Storowton Village Museum's free gift to the community.

For more information on Yuletide events, call the Village at (413) 787-0136 or Eastern States Exposition at (413) 737-2443.

Annual Pancake Breakfast With Santa By Jr. Women's Club On Sun., Dec. 3rd

One of the most enjoyable family activities of the holiday season is the Annual "Pancake Breakfast With Santa" sponsored by the Agawam Junior Women's Club.

This year the breakfast will be held at Agawam High School (different from previous years) from 9:00 a.m. to 11:30 a.m.

Santa, Mrs. Claus, and an elf will all be available for visits. Children can bring letters to put in Santa's mailbox. Those including a return address will receive a free reply from Santa in the mail. Photos with Santa will also be available for

purchase.

Tickets for the breakfast are \$3.50 for adults and \$2.50 for children under 12. Tickets are available from any club member or at the door.

Proceeds from this event will benefit the club's community projects and donations. Canned goods will also be collected for Holiday Baskets for needy Agawam families.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs of Massachusetts.

Very gentle. Very affordable.



Stephen Jacaparo, DMD
Member: Agawam Board of Health
Former Professor: STCC
Former Clinical Consultant: STCC

Stephen Jacaparo, DMD

You can get dental care that won't break your budget. If you want help for loose fillings, bleeding gums, or just a comfy cleaning, it's time for you to call Dr. Jacaparo.

Gentle treatments and procedures:

- Gentle injections keep you comfortable
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Call today!

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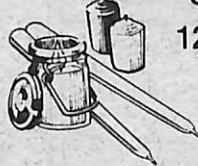
1379 Main Street, Agawam

Tired of fighting mall crowds?? Come do your holiday gift buying at our quaint little shop featuring one-of-a-kind gifts, handpainted items, lamps, candles, holiday ornaments.

Open Sundays

Mon.-Sat.
9:30-5:30

Sunday
12:00-4:30



The Checkered Cow



559 Springfield St.,
Feeding Hills
786-6913

(Look for the wooden cow)



Bill Spear Forestry Services Cut Your Own Christmas Tree

Monday thru Friday
Noon to Dusk or by Appt!!
Saturdays & Sundays
9:00 A.M. - Dusk

"Come early on weekends or during the week to avoid the crowds."

Fraser, Douglas, Balsam Fir & Spruce

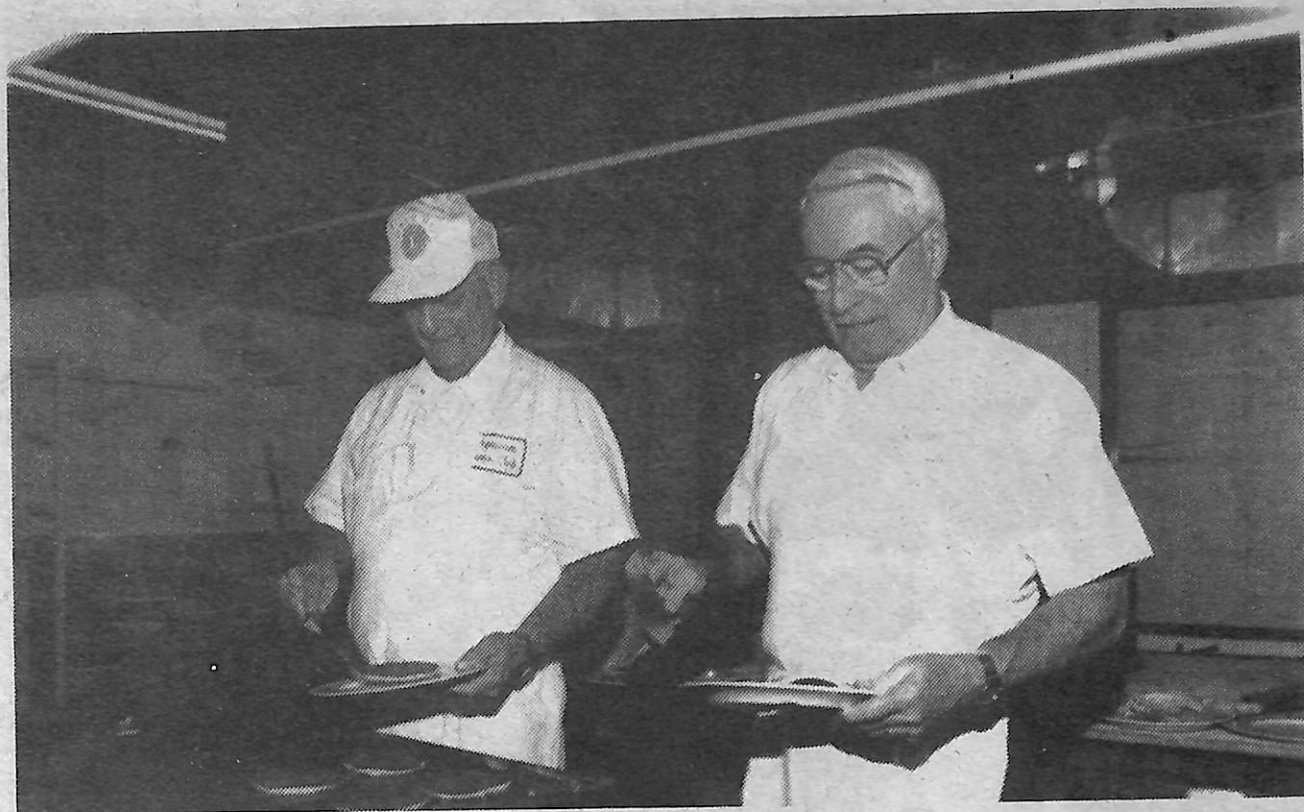
335 South West Street
Feeding Hills

786-5081

WE ARE ALSO STILL OFFERING 24-HOUR, YEAR-ROUND SERVICE ON ALL PHASES OF TREE WORK.



Agawam Lions Club's Harvest Breakfast



IN PHOTO LEFT, Agawam Lions Club members Ed Judkins and Ed Disco prepare pancakes at the Lions Den at the Annual Harvest Breakfast. IN PHOTO RIGHT, the club's mascot greets the Germano boys, Anthony and Michael. RELATED PHOTOS ON PREVIOUS PAGE. Advertiser News photos by Jack Devine.

Humorist To Speak At December 15th Holiday Breakfast Of Chamber Of Commerce

WANT TO STAY CONFIDENT AND OPTIMISTIC? Attend the Agawam Chamber of Commerce's Holiday Breakfast.

Humorist Izzy Gissell will be the featured speaker. He'll explore how our self-talk determines what happens to us in our lives, and how we develop our own view of the world. Participants will learn a technique that will allow

them to face the difficulties of daily living through humor.

The holiday breakfast will be held at Crestview Country Club off Shoemaker Lane in Agawam on December 15, 1995 at 7:45 a.m.

For ticket information, call Jean Falk at the Agawam Chamber of Commerce, 787-1555.

Local Toastmasters To Meet Dec. 14th

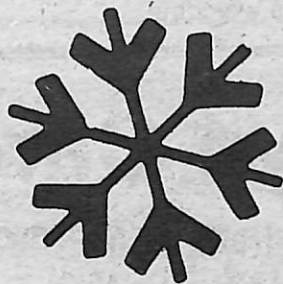
The Agawam/West Side Toastmasters meet the second and fourth Thursday of every month at Country Estates Nursing Home (Rte. 75, Agawam). Meetings begin at 7:00 p.m.

The next meeting will be Thursday, December 14th. Please park in the rear of the building. For more information, call 786-6920 or 789-1366.

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Since 1955

383 Walnut Street
Agawam, MA
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Lay-Away Now For Christmas

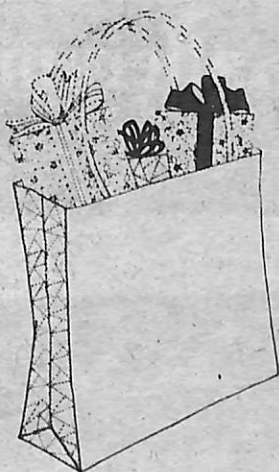
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Saturday 10-5



Agawam VFW Holds Pot Roast Dinner



HAVING A GRAND OLD TIME at the Pot Roast Dinner at the Agawam VFW on November 11th are, from left - kitchen helpers George Brown, Norm McMahon, and Rosmary Cabot; ENJOYING THEIR DINNER are Keith Henchey, Chante Bassette, Mary Andrichak, and Maggie Driscoll (VFW District 7 president). Advertiser News photos by Jack Devine.

Ag. Senior Center's Weekly Lunch Menu

Monday, December 4th: Baked chicken leg, Spanish rice, cabbage & carrots, oatmeal bread, banana.

Tuesday, December 5th: Birthdays & anniversaries—Open-faced turkey sandwich, mashed potatoes with gravy, acorn squash, cake.

Wednesday, December 6th: Liver & onions, potatoes au-gratin, pickled beets, whole wheat bread, canned pears.

Thursday, December 7th: Grape juice, American chop suey, tossed salad, pumpernickel bread, baked custard.

Friday, December 8th: Corn chowder, tuna sandwich on rye bread, cole slaw, mixed fruit.

(Menu subject to change without notice.)

Jack Devine needs at least 48 hours notice to cover your events. Call 789-0053

Agawam High School Cheerleaders To Hold Art Exhibition Dec. 8th

The Agawam High School Cheerleaders Booster Club cordially invites you and your guests to attend an "Art Exhibition & Art Auction" to be held at Agawam High School, 760 Cooper Street, on Friday, December 8th.

A preview will take place from 6:30 p.m. to 7:30 p.m., and the auction will begin at 7:30 p.m. There will be coffee and confectionaries, as well as a door prize.

Admission is \$5 per person, and \$7 per couple.

Advance ticket purchases are preferred. For tickets and information, please contact Debbie Siedel, 789-2353, or Marlene Fiorini, 789-0672.

All checks for art purchases are payable to: Agawam High School Cheerleaders Booster Club. MasterCard, VISA, Discover, and AmEx will be accepted.

This event will benefit the AHS Cheerleaders Scholarship Fund.

Blue Shutters Craft Sale On December 2nd

The Blue Shutters will again hold its annual Craft Sale on Saturday, December 2nd from 10:00 a.m. to 4:00 p.m. at 969 Shoemaker Lane in Feeding Hills.

Featured will be home-grown and homemade jams, jellies, and pickles in addition to other home-crafted items. Also available will be fresh-

baked bread, muffins, and sweet breads.

For a second year, Cupolo Hollow of West Suffield will join in the sale event. Come and sample some of the holiday gift-giving items available and made by Theresa Barlow of the Blue Shutters and Cathy Duni Thibideau of Cupolo Hollow.

Browsers are welcome.

Check
our
classified
pages

Christmas Trees



This Christmas let your family enjoy the REAL difference of a FRESH Greeneedle Christmas Tree.

Choose & Cut Thanksgiving - Christmas, Fri., Sat. & Sun.

GREENEEDLE PLANTATION
425 South West St.
Feeding Hills, MA



Family Eye Care

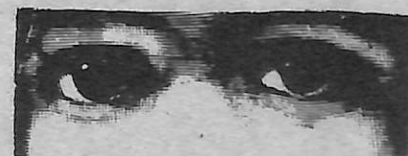
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Feeding Hills

789-2106

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Children's Vision / Contact Lenses

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CHRISTMAS SALE

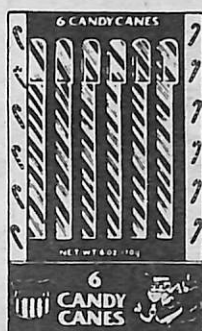


Butter Cookies

1 Lb 2 Oz.
In Collection Tin
By Maurice Lenell
2.79 Value

Sale Price 1.69
Less Mail
In Rebate -1.00

Final Cost
69¢
Details In Store.



Candy Canes

Regular 12 Ct.
Or Jumbo 6 Ct.

Sale Price .79
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Final Cost
FREE
Details In Store.

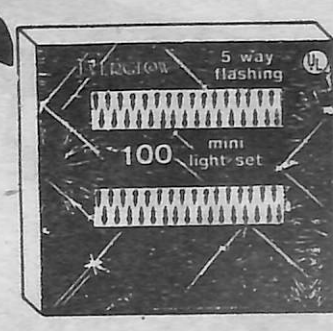


36 Inch Jumbo Roll Gift Wrap

40 Sq. Feet
Assorted Designs
By Plus Mark
2.99 Value

Sale Price 1.00
Less Mail
In Rebate -1.00

Final Cost
FREE
Details In Store.

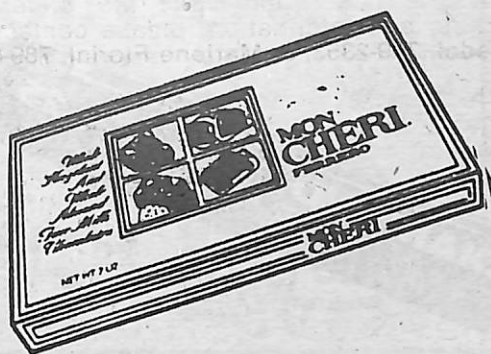


100 Light Set

Multicolor
Or Clear
End-To-End Plug
UL Listed. 5.99 Value

Sale Price 2.99
Less Mail
In Rebate -1.00

Final Cost
1.99
Details In Store.



Mon Cheri Milk Chocolates

By Ferrero
7.5 Oz. Gift Box
5.99 Value

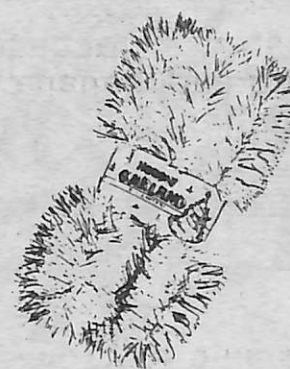
3.99



Tinsel Icicles

1000 Strands
59¢ Each Value

3/89¢



Deluxe Tinsel Garland

2 1/4" X 15'. 5-Ply
Assorted Colors
2.99 Value

Sale Price 1.39
Less Mail
In Rebate -.90

Final Cost
49¢
Details In Store.

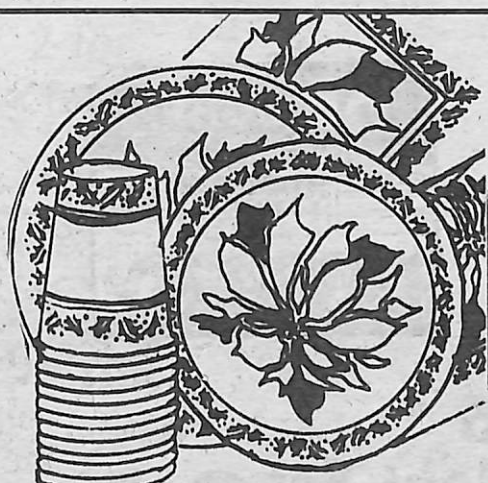


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Christmas Cards

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18 Ct. Box
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Designs. 9.00 Value

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Holiday Partyware Poinsettia Design

• Luncheon Napkins 24 Ct.
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• 7" Snack Plates 12 Ct.
• 9" Dinner Plates 10 Ct.
• 8 Oz. Hot/Cold Cups 12 Ct.

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Whitman's Sampler

1 Lb. Box
6.95 Value

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M&M's Chocolate Candies

Assorted Types
16 Oz. Holiday Bag

1.99

713 Main Street - Agawam Center

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713 Main Street Agawam Center 789-3350

3 1/2" Single Prints


**December 1 to
December 10**

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3 1/2" Single Prints
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100 Tablets



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**Pseudoephedrine
Hydrochloride**

Nasal Decongestant

temporary relief of
sinus congestion and
nasal congestion

Without Drowsiness


100 Tablets 30 mg each

300 ct.

Compare to Q-Tips®

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16 oz.



LEADER

Solution of Hydrogen Peroxide

3% H₂O₂ U.S.P.

TOPICAL ANTI-INFECTION

16 FL OZ (1 PT) 473 mL

97¢

100 Tablets
325 mg.

Compare to Norwich®

67¢

4.5 oz.

Compare to Fleet®

Tablets or Caplets 50 ct.
Compare to Tylenol® PM

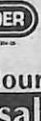
\$199

LEADER
Pink Bismuth
 FOR URGENT STOMACH,
 INDIGESTION,
 HEARTBURN, NAUSEA
 AND COLIC
 DIARRHOEA CONTROL
 15.5 ml (0.5 fl. oz.)

Pink Bismuth
8 oz.

\$199

For upset stomach,
indigestion,
heartburn
**Compare to
Pepto-Bismol®**



LEADER
NAC 2728-24-02

**12 Hour
Nasal
Spray**

Nasal Decongestant

Oxymetazoline
Hydrochloride 0.05%

SAFETY SEALED

COMPARE TO AFRIN®

1/2 FL. OZ. (15 mL.)

**12 Hour
Nasal Spray**
Nasal Decongestant
1/2 oz.

\$1.29

**Compare to
Afrin®**

LEADER

Extended Relief
Bromatapp
tablets

Antihistamine/Nasal Decongestant
 12 Hour Relief Of Cough & Runny Nose
 • Rapid Onset

- Sneezing
- Runny Nose
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24 TABLETS

Extended Relief
Bromatapp Tablets **\$3.49**
24 Tablets
Compare to
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Senior Center's December Calendar

Friday, December 1st: 9:00 to 11:00 a.m. Pneumonia shots (no reservations). Note: There will be no diabetes screening on this day.

Saturday, December 2nd: 5:30 p.m. Bingo.

Monday, December 4th: 1:00 p.m. Bingo.

Monday, December 4th: 9:00 a.m. Weldon Center Hearing Van (by appointment).

Tuesday, December 5th: 9:00 a.m. SHINE representative available. By appointment.

Tuesday, December 5th: 11:30 a.m. Birthdays and anniversaries celebrated.

Tuesday, December 5th: 1:00 p.m. Free blood pressure check.

Wednesday, December 6th: No Golden Age meeting.

Wednesday, December 6th: 9:00 a.m. Podiatry with Dr. Dickert. Call his office for appointment.

Friday, December 8th: 9:00 a.m. Foot care nurses. Call their office for appointment.

Friday, December 8th: 12:30 program. Medicare update sponsored by Bankers Life & Casualty.

Friday, December 8th: 1:00 p.m. "Friends of the Agawam Senior Center" annual meeting.

Friday, December 8th: 7:00 p.m. Free - Springfield Lodge of Elks Christmas Show. Open to the public.

Saturday, December 9th: 5:30 p.m. Bingo.

Monday, December 11th: 10:00 to 11:30 a.m. Conversation with Rep. Dan Keenan.

Monday, December 11th: 1:00 p.m. Bingo.

Tuesday, December 12th: Movie of the week.

Wednesday, December 13th: No Golden Age meeting.

Wednesday, December 13th: 4:30 p.m. Merrill Lynch complimentary long-distance phone calls.

Thursday, December 14th: Podiatry with Dr. Salem. Call his office for appointment.

Friday, December 15th: 11:30 a.m. Special program with Dr. E. Meunier.

Friday, December 15th: 1:00 p.m. Pitch tournament begins. Walk-ins welcomed.

Friday, December 15th: 1:00 p.m. Duplicate bridge.

Saturday, December 16th: 6:30 p.m. Bingo.

Monday, December 18th: 1:00 p.m. Agawam Chapter AARP meeting (No bingo).

Tuesday, December 19th: 9:00 a.m. SHINE representative available (by appointment).

Tuesday, December 19th: 12:30 p.m. Movie of the week.

Tuesday, December 19th: 1:00 p.m. Free blood pressure check.

Wednesday, December 20th: 1:30 p.m. Golden age meeting, Chapter 2.

Thursday, December 21st: Christmas Party Dinner. Reservations open on Thursday, December 7th.

Friday, December 22nd: Senior Center Annual Brunch from 9:00 to 10:30 a.m. Senior Center closes at 12:00 noon.

Monday, December 25th: Senior Center closed.

Tuesday, December 26th: 12:30 p.m. Movie of the week.

Tuesday, December 26th: 2:00 to 4:00 p.m. Free legal consultation with Attorney Teryl Deegan. Call his office for appointment.

Wednesday, December 27th: 1:30 p.m. Golden Age Christmas Party, Chapter 1.

Friday, December 29th: 1:00 p.m. Pitch.

Friday, December 29th: 1:00 p.m. Duplicate bridge.

Saturday, December 30th: 6:30 p.m. Bingo. Kitchen opens at 5:30 p.m.

BIRTHDAY CELEBRATIONS FOR NOVEMBER:
Sam Provost, Leonard Chaisson, Niome Chaisson, and Jim White ... congratulations and a happy, healthy year ahead. Also, to all who forgot they had a November birthday, we wish you well. Birthdays are celebrated on the first Tuesday of every month. Coming up on Tuesday, December 5th, is the next party.
Call 786-0400, ext. 242, for your reservation.

NOTICE:
The "Sing For Fun" group has changed its day to Mondays instead of Fridays (same time - 10:00 a.m.).

MEDICARE UPDATE SEMINAR:
Sponsored by Bankers Life and Casualty. Loca-

tion: Agawam Senior Center, 68 Meadowbrook Manor, Agawam, MA. Time: 12:30 p.m. Date: Friday, December 8, 1995.
FREE TELEPHONE CALLS ANYWHERE IN THE WORLD:

Once again, Merrill Lynch will sponsor "free of charge" long-distance telephone calls for senior citizens.

The Senior Center van will be available to the first 10 people; all others will have to carpool. Departure from the Senior Center will be 4:30 p.m. Calls will be made between the hours of 5:00 and 7:00 p.m.

The Council on Aging would like to take this opportunity to publicly thank Merrill Lynch, who (over the past several years) has given many of our seniors a gift to remember.

For further information, call 786-0400, ext. 242, Sandra Smith, Activities Director.

11:30 A.M. PROGRAM - ARE YOU TAKING CARE OF YOUR FEET?

On Friday, December 15th, Dr. Erik Meunier will conduct an informal, informational group discussion about two very important members of our body, called "our feet." He will be available to answer your questions and make recommendations.

Dr. Meunier is well-versed on many subjects concerning podiatric medicine. As most elderly know, the feet go through considerable changes as we age, and we should become knowledgeable in foot care.

No reservations are necessary.

FREE CHRISTMAS SHOW - DECEMBER 8TH:

The Springfield Lodge of Elks is coming to the Senior Center on Friday, December 8th, with their popular, long-awaited Christmas Show.

Seating is at 6:30 p.m.; the show begins at 7:00 p.m. The show includes singers, clog dancing, senior citizen dancers, Mary Ann School of Dance, and much more.

All age groups are invited, and the show is FREE!!!

Publicize Your Events at least 2 WEEKS in advance!!!

ENFIELD STORE

EXIT 48 OFF I-91

10 MIN. FROM DOWNTOWN SPRINGFIELD

EVERYTHING IS ON SALE!

ENFIELD STORE

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10 MIN. FROM DOWNTOWN SPRINGFIELD

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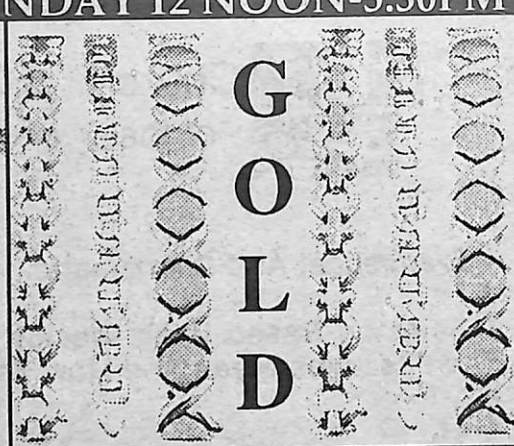
DIAMONDS



TENNIS



GOLD



DIAMONDS

CARAT WEIGHT	GEM'S PRICE	MIN. MO PAYMENT
.49 RD J COLOR	\$595	\$25
.84 RD G COLOR	\$2195	\$62
1.00 RD SPECIAL	\$695	\$25
.46 MQ SI2H	\$995	\$28
.72 MQ VS2G	\$3395	\$95
1.00 MQ SI1G	\$4995	\$139
1.80 MQ H COLOR	\$5995	...

DIAMONDS

CARAT WEIGHT	GEM'S PRICE	MIN. MO PAYMENT
.73 OV SI2I	\$2795	\$78
1.01 OV G COLOR	\$3695	\$103
.47 PR SI2E	\$995	\$28
.76 PR VS2H	\$1495	\$42
1.45 PR SI2G	\$4195	\$117
.73 HEART F COLOR	\$1395	\$39

BRACELETS

CARAT WEIGHT	GEM'S PRICE	MIN. MO PAYMENT
1.00	\$189	\$25
2.00	\$1375	\$38
3.00	\$875	\$25
4.00	\$1795	\$56
5.00	\$3195	\$56
6.00	\$2995	\$64

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GOLD

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PLANNING THE UPCOMING December 3rd UNICO Pancake Breakfast are members (from left) Dick DiLullo, Ron Lalancette, and Dennis Marchetto. Advertiser News photo by Jack Devine.

Agawam UNICO Plans Pancake Breakfast For Sunday, December 3rd

The Agawam Chapter of UNICO National will be holding a Pancake Breakfast on Sunday, December 3, 1995.

The breakfast will be held at the Agawam Senior Center beginning at 8:00 a.m. and continuing until 1:00 p.m. The cost for the breakfast is \$3 per ticket (with children under 10 admitted free).

All proceeds from the breakfast will be used to benefit Agawam UNICO and its many charitable activities. Agawam UNICO is well-known for its commitment to the community and the residents of Agawam.

Agawam UNICO continually provides scholarships as well as helping Agawam's mentally and physically challenged citizens. The organization is also known for its contributions to the many student and civic activities throughout the community.

Anyone wishing to purchase tickets can obtain them from any UNICO member or at the door. This pancake breakfast is being chaired by Tom Leahy, Dick DiLullo, Dennis Marchetto, and Ron Lalancette.



MR. & MRS. TIMOTHY SHEEHAN

Patricia Ash Bride Of Mr. Timothy Sheehan

Patricia Ash and Timothy Sheehan were united in marriage September 9th at Saint Anthony of Padua Church of Chicopee, MA.

The bride is the daughter of Helen Ash of Chicopee and the late S. Ray Ash.

Parents of the groom are Thomas and Linda Sheehan of Feeding Hills.

The bride was given in marriage by her brothers, James and Robert Ash. Tammy Prince attended the bride as matron-of-honor.

Bridesmaids were Amy Woodruff (friend of the bride), Tina Nascembeni, and Melissa Sheehan (sisters of the groom).

Alisha Ash (niece of the bride) served as junior bridesmaid, and Tricia Ash (niece of the bride) served as flowergirl.

Richard Sheehan attended his brother as best man. Ushers were Robert Alves and James Wilkinson (friends of the groom), and Tony Nascembeni (brother-in-law of the groom).

A reception was held at the Knights of Columbus in Chicopee.

The bride graduated from Chicopee Comprehensive High School and Springfield Technical Community College. She is a self-employed cosmetologist.

Her husband is a 1986 graduate of Agawam High School and attended Holyoke Community College. He is employed as assistant manager of Central Radiator in West Springfield.

The couple honeymooned in Saint Lucia. They will reside in Chicopee.

Check our classified pages every week.



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WW II Anniversary

Hubert J. D'Ambrosio

111 Letendre Avenue

U.S. Coast Guard

North Atlantic & Pacific Theaters

I remember when, two weeks after Pearl Harbor, I was with two friends from the South End when we became the first to join the Coast Guard at its new recruiting station.

Training was three weeks at Gallops Island Maritime Station in Boston. From there, I stood 12 hour watches on Boston docks from the Lewis Wharf Harbor Patrol Base. In April 1942, I was aboard a 1909 buoy tender, USCGC Aneome.

It was to escort a convoy to Argentia, Newfoundland, which would continue to England with newer escort ships. The Aneome had one deck gun, six depth charges, a few tommy guns, and no radar. This ship also handled submarine nets from Boston to northern Canada.

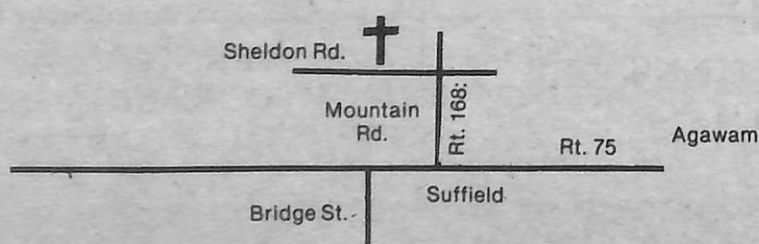
In 1944, I was transferred to the Pacific, to be quartermaster on LST No. 760, working with steering, signals, and navigation. The ship landed Marines and their tanks on Iwo Jima, the Philippines and several battles for lesser known islands until the end of the war.

This LST landed Occupation Armies in Tokyo, Hiroshima, and other Japanese cities. From 1942-1947, I had also served on the British Frigates Orange and Hutchinson, Commissioned the USCGC Minetonga and Klamath, which did radio beacon and weather duty between Hawaii and California.



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“TOPPER’S” To Hold Collections This Holiday Season

TOPPER’S is collecting canned food and dry goods for the Open Pantry. Customers who bring in a donation will receive a free dog treat from **TOPPER’S** “GIVING TREE.” No purchase is necessary. Donations will be accepted until January 1st.

TOPPER’S will be open at 5:00 p.m. on Christmas Eve and reopen at 12:00 noon on December 26th. **TOPPER’S** has declared December 26th “**BOXER DAY**.” Customers are asked to bring in boxes of any combination of the following: clean, warm clothing (especially coats), clean towels or blankets, new toys, canned goods. Towels and blankets will be donated to the MSPCA, and the other items will be distributed to needy families in Western Massachusetts.

TOPPER’S will be open from 12:00 noon to 9:00 p.m. on “**BOXER DAY**,” and is located at 312 Springfield Street (at O’Brien’s Corner, diagonally opposite CVS—across from Rowley Street). Bring in a box-er or two and receive a **FREE** bowl of **TOPPER’S** famous clam **CHOW-CHOWder**!

Best local news...

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Babe [G] - 12:10, 2:10, 4:10
Apollo 13 [PG-13] - 7:05, 9:50
Gold Diggers [PG] - 12:00, 2:00, 4:00
How To Make An American Quilt [PG-13] - 7:00, 9:10
The Big Green [PG] - 12:15, 2:20, 4:20
Devil In A Blue Dress [R] - 7:20, 9:25
Home For The Holidays [PG-13] - 12:20, 2:30, 4:55, 7:15, 9:40
To Die For [R] - 12:00, 9:30
Mighty Aphrodite [R] - 2:15, 5:00, 7:15
Dangerous Minds [R] - 12:30, 2:30, 4:30, 7:15, 9:20
Powder [PG-13] - 12:10, 2:10, 4:15, 7:00, 9:25
Now & Then [PG-13] - 12:40, 2:45, 4:50, 7:40, 9:45
Vampire In Brooklyn [R] - 12:25, 2:35, 7:35, 9:40
Fair Game [R] - 12:00, 10:00
Assassins [R] - 1:55, 4:25, 7:20
Copycat [R] - 12:15, 2:50, 5:15, 7:40, 10:00
Seven [R] - 12:05, 2:40, 5:10, 7:35, 10:00

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Jill F. Johnson Exchanges Wedding Vows With Jeffrey P. Crum Of Westfield

Miss Jill F. Johnson and Jeffrey P. Crum were married on September 24, 1995 at St. Peter’s Church, Westfield, MA, by Rev. John J. Brennan.

Miss Johnson is the daughter of Robert and Elizabeth Johnson of Federal Street Ext., Agawam. Mr. Crum is the son of Raymond and Ann Crum of 15 State Street, Westfield.

The bride was attended by Mrs. Beth Visconti, sister of the bride, as matron-of-honor. Bridesmaids were Judy Ferguson, Tracy Saracino, and Barbara Bernard, friends of the bride, and Susan Romeo, sister of the groom.

Junior bridesmaids were Alexandra Visconti, niece of the bride, and Caitlin Saracino.

Best man was James Crum, brother of the groom, and ushering were Steven Crum, brother of the groom, Robert Johnson, Jr., brother of the bride, and Jeff Pratt and Philip Beattie, friends of the groom.

Junior ushers were Mark Visconti, nephew of the bride, and Mark Saracino. Ring bearer was Luke Visconti, nephew of the bride.

The bride wore an ivory satin gown with rum pink accents. The bodice was embellished with seed pearls, lace and sequins, and the short

sleeves featured a rum pink rose cluster, as did the back of the gown, which ended in a chapel train. Her headpiece was a cluster of rum pink roses attached to a cathedral length veil. She carried a cascade bouquet of off white and blush pink roses, with ivy.

The attendants wore full length forest green satin gowns, and carried cascade bouquets of fuchsia dendrobium orchids. The junior bridesmaids’ dresses were in the same color as the bride’s, and they carried bouquets of off white and blush pink roses.

A reception followed at the Hotel Northampton in Northampton, MA.

The bride is a graduate of Agawam High School, Endicott Junior College, and Western New England College. She is employed as a sales manager by The Grenier Studios. Mr. Crum was graduated from Westfield High School, North Adams State College, and is employed by Johnson Packings of West Springfield as a sales representative.

After a honeymoon in Barbados, the couple is residing in Chicopee.

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Whole	\$1.19 Lb.
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Frozen Ground Turkey	69¢ Lb.
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Land O’ Lakes White American Cheese	\$2.89 Lb.
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Thumann’s Gourmet Turkey Breast	\$4.99 Lb.
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Krakus Imported Ham	\$3.99 Lb.
Store Made Corned Beef	\$4.99 Lb.
Russer Low Salt Ham	\$3.49 Lb.

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Sweet Life 1% Low Fat Milk (Gallon)	\$1.99
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--------------------	------------

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Church News...

Chicken Supper At Valley Community Church



VALLEY COMMUNITY CHURCH in Feeding Hills held another of its delicious chicken suppers earlier this month. Working hard in the kitchen included, from left - Helen Anderson, Ken Blackman, and Lois McCarl. Advertiser News photo by Jack Devine.



ABOUT TO ENJOY THEIR MEALS at the Valley Community Church chicken supper earlier this month are (in left photo) Tiffany Blackman, Nicole Messner, Cara DelloRusso, Tyler Pearsons, Corey Lagunowich, and Erik Blackman; IN PHOTO RIGHT, Mark Dintzner and Donald Manley were two of the chicken preparers at the supper. Advertiser News photos by Jack Devine.

This Week At St. David's Church

Saturday, Dec. 2nd: 7:00 a.m., Men's Study, Smith Room; 9:00 a.m., Advent Quiet Day; 5:00 p.m., Holy Eucharist, Rite II, Nave

Sunday, Dec. 3rd: First Sunday in Advent; 8:00 a.m., Holy Eucharist, Rite I, Nave; 10:00 a.m., Family Eucharist, Middle School.

Monday, Dec. 4th-Friday, Dec. 8th (Daily): 9:00 a.m., Church Office open to noon; 8:30 a.m., Morning Prayer, Nave (Tu-Thu); 9:00 a.m., 6:45 p.m., Evening Prayer (Tu-Thu)

Monday, Dec. 4th: 7:00 p.m., Prayer, Nave; 7:30 p.m., Healing Prayers, Nave

Tuesday, Dec. 5th: 9:30 a.m., Women's Bible Study, Upper Hall

Wednesday, Dec. 6th: ST. NICHOLAS' DAY; 7:00 p.m., Advent Study, Under Croft

Thursday, Dec. 7th: 9:30 a.m., Women's Bible Study, Upper Hall; 11:00 a.m., EUCHARIST, Heritage Hall West Bldg.

Saturday, Dec. 9th: 7:00 a.m., Men's Study, Smith Room; 1:30 p.m., K-4 Youth Group, Upper Hall; 5:00 p.m., HOLY EUCHARIST, RITE II, Nave

AS THE SEASON OF ADVENT gets underway, focus on being ready for the arrival of our Lord in our world, and in our lives. "The World Became Flesh ..." (John 1:14)

The Reverend Len Cowan begins a sermon series expounding the most profound statement of all times.

December 2nd and 3rd, "The Word of God." Join us weekly through Christmas for "The Word."

Adoration Society To Meet Dec. 1st At St. Anthony's Church

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Saint Anthony's Church, Bridge Street, Agawam to conduct and pray The Office of The Blessed Sacrament, Friday, December 1st from 7:00 to 11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

For all the local news, you turn our pages - AAN

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Church News - continued...

Church Supper At Feeding Hills Congregational



THE FEEDING HILLS CONGREGATIONAL CHURCH held a supper earlier this month. IN PHOTO LEFT are kitchen helpers Mildred Dutton and Rose McCobb; IN CENTER PHOTO, Jeffrey Chapman volunteered to be a server; IN PHOTO RIGHT, Barbara D'Agostino and Louise Ferrarini enjoy their dinner. Advertiser News photos by Jack Devine.

— All the local news with us ... AAN —

Bethany Assembly's 21st Annual SINGING CHRISTMAS TREE

Eight Exciting Presentations



Friday, **December 1** - 7:00 pm
Saturday, **December 2** - 6:00 pm
Sunday, **December 3** - 3:00 & 6:00 pm

Friday, **December 8** - 7:00 pm
Saturday, **December 9** - 6:00 pm
Sunday, **December 10** - 3:00 & 6:00 pm



All new music and decorations!

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Admission is free

Signing for the deaf
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Church News - continued...

St. John's Church To Open Huge Bazaar On December 2nd

On Saturday, December 2nd at 9:00 a.m., Rev. Howard McCormick, Pastor of St. John the Evangelist Church, 833 Main St., Agawam will open the doors, inviting the line of waiting shoppers to enter the beautifully decorated Parish Center for the Annual Christmas Bazaar.

As you come through the doors, the aroma of freshly baked foods at the Christmas Cake Booth, chaired by Gloria Colby, will draw your attention to the fantastic array of home baked cakes, pies, breads, and finger foods; the Christmas Booth, co-chaired by Kay Capitanio and Mickey Morin, will catch your breath when you see the beautifully handmade centerpieces, decorations, and tree skirts, as well as fresh and artificial wreaths; the Needle and Thread Booth features a variety of quilts, pillows, aprons, pot holders, etc., all sewn by Lil Doyle and her many merry stitchers.

Barbara Gingras and her knitters have been clicking their needles for months to fill their booth with beautiful sweaters, hats, mittens, and many other items; Angela Beaudry and Sheryl Mardeusz co-chair the Toy Booth, which features new and used toys, games, and sports equipment, all at bargain prices.

The St. John's Guild Booth, always a popular booth for adults and children alike, has hand-knit and crocheted items, Christmas wreaths and decorations, and many novelties; Alice Pietroniro and Jane Trevethan co-chair the Candy Booth, a veritable Candyland of fudge, homemade candies, homemade Christmas pops, etc., etc., etc.!

Two very busy booths are Attic Treasures, co-chaired by Minnie Moran and Rose Dean, and the Jewelry Boutique with Bernice Consolini and her experts in used but rarely worn jewels, trying to keep up with the crowd.

Please stop at the Book Booth and browse through Linda McCormick and Peg Shoemaker's great selections, sold for small change; Carol Beele will display and sell religious articles. Judy Shrader and Kathy Schafer's Plant Booth, always a sight to behold, will feature poinsettias, Christmas Cacti, and other varieties of plants, as well as cemetery boxes.

From 9:00 to 11:00 a.m., join Mary Turner, Terry Longo, and their crew for coffee and donuts. Lunch will be served from 11:00 a.m. to 2:30 p.m. The menu features hot dogs, several types of salad sandwiches, and homemade desserts.

Each booth features a raffle on one of their items, but there are special raffles, too. A "Bountiful Basket," crammed full by Bea Hamel and Alwyn Shepard; a beautiful clock made and donated by Walter Milewski; and a very special raffle with a grand prize of \$500. All raffles will be drawn shortly before 3:00 p.m. You need not be present to win.

Santa will be there to visit with the children from 9:00 a.m. to 2:00 p.m. A special feature for the children will be free gift wrapping by Linda Bryskiewicz and Judy Clow.

Chairwoman Paula Raiche and her co-chairpersons Mickey Adelman, Betsy Ciempa, Jennie Christopher, and Marge Disco invite you all to come and enjoy the day. There is plenty of free parking.

Best local news...

St. John's Holds Communion Mass & Supper



THE ANNUAL COMMUNION MASS & SUPPER was held at St. John's Church earlier this month with 114 people attending. The event was sponsored by the Catholic Women's Club. **TOP PHOTO**, from left - Penny DeForge, Sister Judith O'Connell (guest speaker), Stella Longhi, and Sister Frances White. **MIDDLE PHOTO** - Catholic Women's Club members Patricia Sherry, Beverly Boudreau, Gloria Colby, Marty Jerry, and Lorraine Davis. **BOTTOM PHOTO** - club members Charlene Moretti, Gloria Colby, Betsy Ciempa, Father Howard McCormick, Joan Malinoski, and Carol Pignatare. Advertiser News photos by Jack Devine.



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8 weeks of lessons....only \$55 !



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Feeding Hills, MA 01030
(413) 786-1460

Church News - continued...**Feeding Hills Congregational Church
Lists Events For Upcoming Week**

Please join us for worship at 21 N. Westfield Street in Feeding Hills.

Sunday School and Adult Bible Literacy Class begin at 9:00 a.m. A Service of Holy Communion begins at 10:00 a.m. when Rev. Donaldson will deliver a sermon entitled "All You Need Is Love: Reconciling Life Today with the Church."

Children are encouraged to attend the service with their parents; nursery care is provided.

Orders will be taken by the Flower Committee for poinsettias. Please see Betty Bava, Barbara Burgamaster, or Debbie Donaldson.

You may also call the church office at 786-5061 to order flowers.

Don't forget! Next Sunday we will have our monthly collection for the West Springfield/Agawam Open Pantry.

There is a special need at this time of year for blankets, long underwear, knit hats and mittens, as well as towels, sheets, pillows, and paper and plastic grocery bags.

Gifts of groceries, clothing, and cash donations are welcome as always!

Here's a little shopping tip to help with the rush of the holidays: it is always better to shop with a full stomach. That is especially true when your

stomach is filled with a delicious breakfast made with care by the Youth Group.

Join the Pancake Fest here on Saturday, December 9th, from 8:30 to 11:00 a.m. Then you'll be able to withstand a longer "shop 'til you drop" time!

The Christian Ed Board would like to invite all church members and friends to "Make It Day" on Saturday, December 16th, at 9:00 a.m.

Gifts for the elderly will be made at that time. If you can donate some craft or baking items, bring them along with you.

The children in Sunday School will deliver the gifts on Sunday, December 17th.

On the calendar this week:

December 2nd: 5:00 to 7:00 p.m., Operation Friendship Roast Beef Supper.

December 3rd: 9:00 a.m., Sunday School/Adult Bible Literacy; 10:00 a.m., Communion Service; 1:30 p.m., Youth Group to Rescue Mission.

December 4th: 5:00 p.m., Girl Scouts; 7:30 p.m., Council meeting.

December 5th: 7:00 p.m., A.A.

December 6th: 2:30 p.m., Girl Scouts; 7:00 p.m., Choir.

December 9th: 8:30 to 11:00 a.m., Youth Group Pancake Breakfast.

**Advent Celebration
To Begin Dec. 3rd**

Divine Worship at the Agawam United Methodist Church on Sunday, December 3rd begins at 9:30 a.m. Holy Communion will be administered.

The Celebration of the Advent Season begins as the first candle of the Advent Wreath is lighted. The Season is being observed as a preparation for the Spiritual Renewal that accompanies the joyful commemoration of the Birth of Jesus.

On Sunday, Breakfast is also being served by the Cub Scouts and Youth of the Church. Donations are \$3.00/\$3.50.

The Annual Advent Workshop will be held on Sunday, December 3rd from 4:00 to 6:00 p.m.

On Saturday, December 2nd, the Annual Christmas Bazaar begins at 10:00 a.m. Join us in making the event a joyous and successful one. Take home articles which will center someone on the immediacy of the Season.

The Season's Highlights during the month of December will be the 7:00 p.m. Christmas Eve Celebration.

**Advent Begins At
First Baptist Church**

The first Sunday in Advent will be celebrated this Sunday morning at 9:30 a.m. worship when the observance of communion will be held.

The first Advent candle will be lighted with a special ceremony. Following worship, coffee and conversation will be held in Davis Hall. Classes for all ages are available until 11:30 a.m.

The Senior High youth group will hold its regular meeting from 12:00 noon until 1:30 p.m.

ON OUR CALENDAR THIS WEEK:

Monday, Dec. 4th: 7:30 p.m., Sunshine Circle meets; 7:30 p.m., Amicitia Circle meets

Tuesday, Dec. 5th: 1:15 p.m., EZ Does It Aerobics Class

Wednesday, Dec. 6th: 7:15 a.m., Mid-Week Prayer Time; 10:00 a.m.-6:00 p.m., Trading Post Open; 7:30 p.m., Mid-Year Meeting of the Church, Sanctuary

Thursday, Dec. 7th: 1:15 p.m., EZ Does It Aerobics Class; 6:00 p.m., Take Out and Talk Out; 7:00 p.m., Nuts & Bolts Class; 7:30 p.m., Choir Rehearsal.

Our members are reminded that the Rescue Mission of Springfield needs our support in the form of items of clothing, toiletries, and gift items.

Please bring them unwrapped, with prices attached to the church at any time. A box is in Davis Hall to receive them.

**PLEASE remember
that Jack Devine
needs at least 48
hours notice to
cover your event.**

**Harvest Assembly
To Hear Bible Talk**

What does the Bible have to say about world events, past and present? Evangelist Bob Lundstrom will be speaking at Harvest Assembly of God on Sunday, December 3rd at 6:00 p.m. addressing this topic.

Rev. Lundstrom currently serves at Zion Bible Institute, Barrington, Rhode Island as Professor of Biblical Studies. He has taught and pastored for 28 years, and has appeared on the Trinity Broadcasting Network and has traveled to over 40 nations presenting the gospel.

He is a native of New Britain, CT, while his wife, Ruth, originates from West Springfield, MA. His overall message is clear and simple: 'Jesus Christ is still the Savior and Hope for the world' and He cares about you!

Harvest Assembly of God is located at 121 Union Street in West Springfield (near the I.H.O.P. restaurant). All are invited.

For more information, call the church at (413) 739-1234.

**Next Monthly Chicken Supper At
Valley Community On December 9th**

Has the holiday shopping got you tucked out already? Is the weekend so full of shopping that you can't bear the thought of cooking supper? Then we have the answer for you!

Valley Community Church will be holding their next monthly chicken supper on Saturday, December 9th.

The menu will include baked chicken, hot gravy, stuffing, mashed potatoes, two hot vegetables, salad, cranberry sauce, pickles, olives, rolls with butter, and a beverage.

Then, to top it all off, you have your choice from the overloaded, homemade dessert table.

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**Weekly Calendar From
Ag. Congregational**

Sunday, December 3, 1995, is the first Sunday of Advent. Each Sunday in December, the Advent Candle will be lit by members of the congregation.

This Sunday, the Tilden family—Peter, Grace, Brad, and Amanda—will light the first Advent Candle, which is the Light of Hope.

This is also Communion Sunday, and the Deacons of the Church will assist Rev. Fuller with the serving of Communion.

Rev. Curt Fuller's Sermon will be "KEEP AWAKE" from Text: Matthew 24:36-44. The Children's Message will be "The Candy Cane."

The children's Church School Christmas Party will be on Sunday, December 17th, during their Church School classes.

Playgroup continues each Wednesday and Thursday from 10:00 to 11:30 a.m.

Playgroup will break from December 27th (when school is on Christmas vacation) and resume on Wednesday, January 3, 1996.

The Midweek Service is held each Wednesday at 7:00 p.m. This service is a half-hour, informal Worship Service with hymns, prayers, and communion.

An Advent Series led by Dan Pender, a practitioner of Marriage and Family Therapy in Agawam, will continue each Wednesday evening at 7:35 p.m. following the Midweek Service.

This Wednesday, December 6th, the session will be "Waiting And Doing. How Do I Respond?" The sessions will be from 7:35 to 8:30 p.m.

Hear ye, hear ye! A Pancake Breakfast has been scheduled for Sunday, December 10th, from 8:00 to 10:00 a.m.

The menu will include pancakes, sausage, juice, and coffee, tea, or milk. All for only \$3 (adults) and \$1.50 (children 12 and under).

Call the church office for reservations at 786-7111.

The Christmas Eve Church Schedule—Sunday, December 24, 1995—is as follows:

Morning service, 10:30 a.m.; Christmas Pageant, 5:00 p.m.; and Candlelight Service, 11:00 p.m.

Plan to attend one, two, or all three!



Spotlight On Business

Bancroft Bridals Plan Special Gown Sale On Sat., Dec. 2nd

by Peggy Shoemaker
Advertiser News Feature Writer

Of all the joyous pending holiday celebrations, perhaps weddings are the most exciting, glamorous, and personally meaningful. And **BANCROFT BRIDALS, WEDDINGS UNLIMITED** is geared up to assist the bridal party with exacting details.

Bancroft Bridals of 225 Springfield Street, Agawam, is on the hill between Ames and Sarat Ford, in a dark, red brick house with parking in the rear. Entrance is through a back door to the first floor bridal salon, or the lower floor where gentlemen's attire and the video studio is located.

Bancroft will have a special sale of sample gowns on December 2nd to begin making way for the spring season.

Paul Jr. & Paula Delskey of White Oak Drive, Feeding Hills, own the bridal salon and will note its 10th anniversary January 5th. Their daughter, Tara, is store manager and other family members help out as needed. Paula's mother, Althea Estes, was the manager of the downtown Steiger's Department Store Bridal Salon, and it was she who interested the family in the business.

Usually five persons constitute full-time staff. Dorothy Langan also worked as head seamstress at Steiger's. Consultants and salespersons include Diane Joao, Mary Welsh, and Jennifer Hopp. Tara says she grew up in the business, helping out since she was 12 years-old.

The staff consults with various members of the wedding party and offers expertise in all details from invitations to thanks. They help the bride pin-down the perfect gown to suit her taste and pocketbook with consideration for the type of wedding desired, morning, afternoon or evening, formal or semi-formal. Gowns range from \$500 to about \$1,200 Delskey said.

There are also bridesmaids and flower girl gowns and headwear. Mothers of the couple will find only limited selection of gowns for themselves at **Bancrofts**, but they make referrals. "This field has expanded so rapidly," Delskey said, "that mothers can now choose one-, two-, or three-piece suits in addition to short or long dresses."

Gowns of the party are seldom identical, but there is usually a common aspect throughout, Tara explained. "It might be the neckline, peplins, or trim. The flower girl's dress is often the same material or color, or coordinates with the bride's gown, and the main/matron of honor was flexibility in style and color."



BANCROFT BRIDALS, WEDDINGS UNLIMITED is located at 225 Springfield Street, Agawam, and is owned and operated by Paul Jr. & Paula Delskey of Feeding Hills. The shop is located right next door to Sarat Ford. Advertiser News photo by Jack Devine.

Two hundred tuxedo styles are available for the gentlemen and there are tasteful accessories, including jewelry. Patent leather shoes are popular for men in white, black, gray, taupe, tan, or ivory. **Bancroft** can even provide canes and top hats for those included, and gloves for formal weddings (plus a full line of gifts for the bridegroom to give to the men attending him).

"Having been in the business so long we have worked with many professional people in related businesses," Delskey said. (**Bancroft** gowns are displayed in Chez Josef's bridal center.) They can recommend limos, florists, banquet facilities, photographers, disc jockeys, and bands. **Bancroft** staff does wedding videos and editing, working closely with the bridal couple to record their "day of days."

Bridal gowns of recent years were ostentatious with heavy beading of pearls and sequins, even on the train, according to Tara. "The glitz and bows are gone," she said, "and in its place a simplified, classic, more elegant gown. Emphasis is on cut and material. An Italian matte satin is a popular material along with velvet, chiffon, and crepe."

Rum Pink The New Color

Rum pink is the new color for bridal gowns or flower girl dresses. Close to champagne, but slightly more brown, it is soft and elegant. And, of

course, the salon carries women's shoes in various materials, some of which can be dyed to match dress fabric.

Tiny buttons at the back of the bride's gown permits the train to be folded into a bustle during the reception. "Dorothy does one of the best bustles in the area," Delskey said.

Very high and defined tiaras are made with pearls, sequins, or clear bugle beads are popular this season. Even floral crowns are high in front to form tiaras. Hats are big for bridesmaids and gloves are in for men and women, especially for evening or formal weddings.

The bride can also return her gown to **Bancroft** for cleaning and boxing for storage after the wedding.

After the holidays, **Bancroft** people go to the bridal markets in New York to private showings and fashion shows to view spring collections for the Easter to October season. Most gowns are made in the Far East, Delskey said. The only American-made gowns **Bancroft** carries are from the House of Bianca in Medford, a prestigious house of elegant styles.

The salon is open Monday, Wednesday, and Thursday from noon to 8:00 p.m.; Tuesday, noon to 6:00 p.m.; Friday, 10:00 a.m. to 8:00 p.m.; and Saturday, 10:00 a.m. to 4:30 p.m.

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Spotlight On Business - continued...

Bancroft Bridals To Note 10th Anniversary



BANCROFT BRIDALS, WEDDINGS UNLIMITED is holding a special sale of sample gowns on Saturday, December 2nd. The shop is located at 225 Springfield Street, next to Sarat Ford. The Delskey Family of Feeding Hills are the owners and operators. Pictured above are Tara E. Delskey, shop manager, and her father, Paul Delskey, owner and operator. RELATED PHOTOS & STORY ON PREVIOUS PAGE.

Advertiser News photos by Jack Devine.

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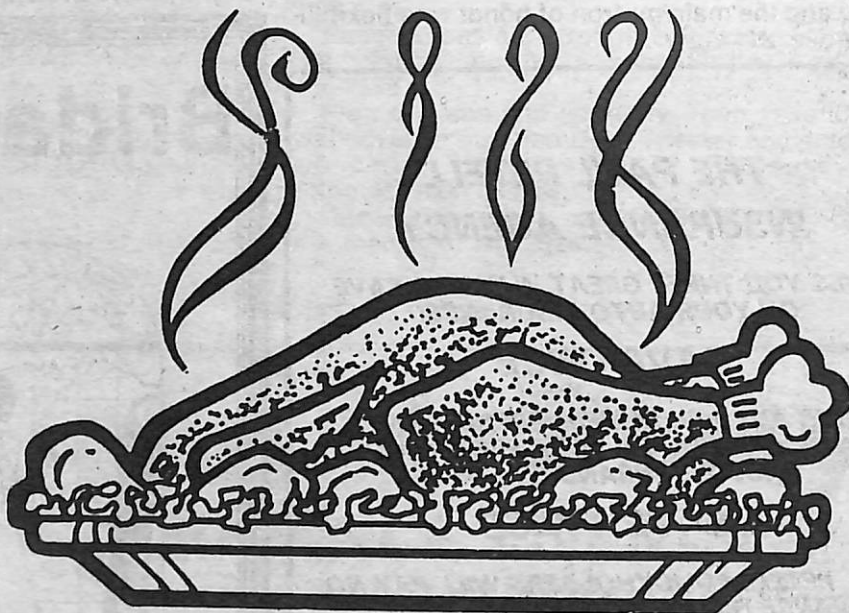
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522 Springfield St., Feeding Hills Rev. Len Cowan 786-6133

Spotlight On Business - continued...

MARY C. PARROTTA (left) and LEAH MELLONI are two of the employees at **Ryan Drug Store** on Main Street, Agawam. Advertiser

News photo by Jack Devine.

RYAN DRUG - from Page 1...

"Traditional Pharmacy"

He considers his store a "traditional pharmacy." In addition to pharmaceuticals and health supplies, he mentioned the greeting card section that he considers large for the size of the store. They also have food, mostly snacks, and office supplies.

Other services include a post office sub-station, Massachusetts Lottery Agent, and bills can be paid to Western Mass. Electric, New England Telephone, and Bay State Gas Co. There is also free delivery.

There are several improvements to the store; the roof is being fixed, electric fixtures are being replaced, and consideration is being given to replacing carpeting throughout.

Ryan's Drug Store staff includes Pharmacy Manager Herve LeBeau, at the site for 40 years; Arthur Gallarani, owner of the former Arthur's Drug Store, which was located near the Food Mart; and John's brother, Andrew Ryan of Springfield, all pharmacists. Another brother, Donald Ryan, Jr., is in charge of merchandising.

Linda Discawicz works full-time in the drug store office and in sales, and Carolyn Dorval is a full-time salesgirl. There are several part-time employees as well.

"A misconception many people have is that they cannot use their insurance company cards at Ryan's Drug Store," John said. "We would like the people to know that we accept almost all cards from persons who have insurance plans that include prescription drugs."

"We also deliver without charge to homes," he continued. "If the order is placed to the store before noon, it will be delivered in the afternoon."

Ryan Drug Store is open 364 days a year (closed only on Christmas Day). It is open Mondays through Fridays, 8:30 a.m. to 8:00 p.m.; Saturdays, 8:30 a.m. to 6:00 p.m.; and Sundays, from 9:00 a.m. to 2:00 p.m.

Hampden Savings Establishes New Business Division

Thomas R. Burton, president of Hampden Savings Bank, has announced the establishment of a Business Banking Division and the appointment of William D. Marsh III as its Division Executive.

"The creation of the Business Banking Division is a logical extension of Hampden Savings' present full-service personal banking capacities," Burton said.

"Many of our longtime personal banking customers are business owners. We are responding to their repeated requests for quality business banking services delivered with the convenience and personal style that is the hallmark of Hampden Savings Bank," he said.

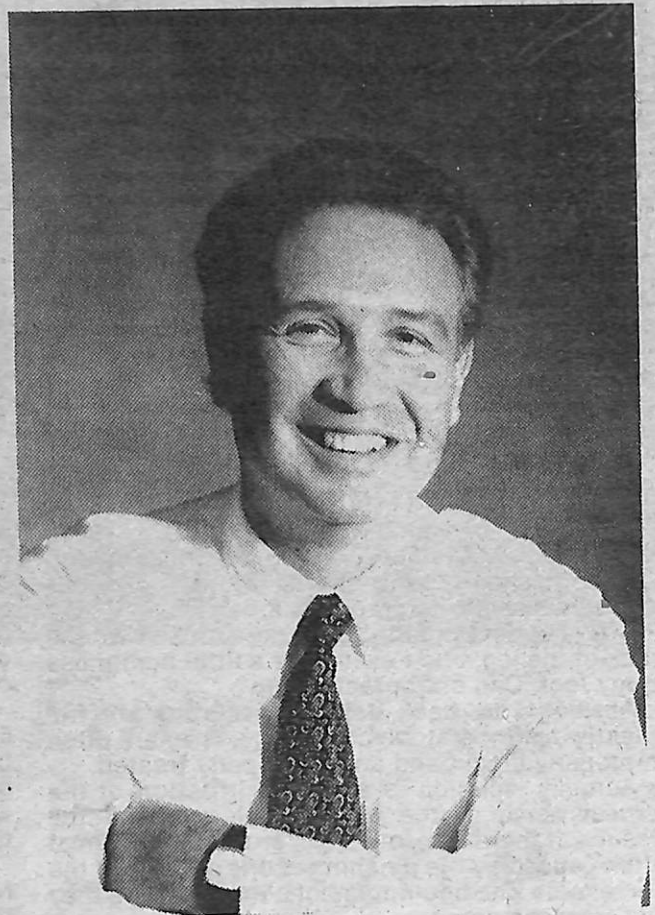
"Business Banking will initially focus on developing relationships with companies convenient to the bank's four offices located on Harrison Avenue, Allen Street, and in Longmeadow and West Springfield," Marsh said. "We offer a full range of very competitive loan and depository services to businesses, entrepreneurs, and their employees. Most important, we have a banking style that is comfortable and consultative."

"Hampden Savings has a 143-year history of personal service, which differentiates it from all of its competition. We will extend that philosophy to Business Banking. A customer or prospect will immediately notice the difference," said Marsh.

Marsh was formerly regional director of Small Business Banking at Bank of Boston in Springfield. He was previously with First Agricultural Bank in Pittsfield, Mass., and senior lender at Multibank West in Springfield. He is a member of the board of directors of the Dunbar Community Center in Springfield.

Marsh is also coordinator and head coach of the Longmeadow Suburban Football Program. He, his wife, Barbara, and their three sons reside in Longmeadow.

Founded in 1852, Hampden Savings Bank is one of Massachusetts' oldest mutual savings banks. Its depositors recently shared in the earnings of the bank by receiving a bonus interest payment.



WILLIAM D. MARSH III is the new division executive of the Business Banking Division of Hampden Savings Bank.

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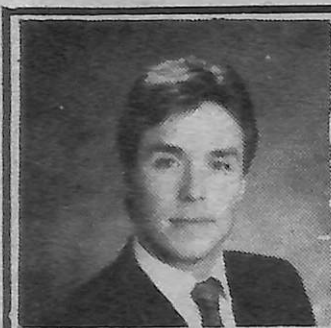
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Sciatica: A Frequently Misunderstood Condition

Question: The fall season found me raking and picking up many bags of wet leaves. I am now painfully aware of hip and back pain.

After bending or sitting, the pain runs down the back of the leg, and I even have a little numbness in my foot. Can chiropractic help?

Answer: Low back pain and sciatica are frequently misunderstood conditions. They are often improperly diagnosed and improperly treated.

Actually, sciatica is a painful irritation of the largest nerve in the body which supplies the tissues of the thigh, lower leg, and foot. It is most often caused by the pinching of one or more of the nerve roots (the beginnings of a nerve) where they exit from the spine.

The most common cause of pinching is due to structural misalignment of the lower vertebrae of the spine or pressure being exerted on the nerve root by a disc. A disc may rupture, protrude, herniate, or bulge and result in mechanical irritation to the nerve root.

Since the sciatic nerve is so large (about as big around as the thumb), interference or irritation along its course can cause a variety of symptoms. It may cause crippling pain, or it may be more subtle and result in numbness, "pins and needles" sensation, burning, or a crawling sensation.

Many times the leg feels weak, and the foot may "drop" or drag. If the nerve remains pinched for a long period of time, the muscles of the leg may become permanently reduced in size (atrophied). Sciatica is commonly associated with low back pain, and the individual may have a history of a weak back.

Treating low back pain and sciatica with pain killers and muscle relaxers may provide temporary relief. However, no drugs can correct an underlying structural cause. Rarely do misaligned

SEE DR. SCHLAFFER - Page 34...



Food for Thought

by Nancy Dell
Registered Dietician

What Should A Woman Weigh?

The battle over the bulge wages on when it comes to women. One recent study shows that even being slightly overweight increases the odds of dying in midlife.

A New England Journal study showed a woman 5'5" tall weighing less than 120 pounds had the best chance of living longest. The odds of dying prematurely increased 20 percent for women weighing 120 to 149 pounds, and 60 percent for those weighing 161 to 175 pounds.

In response to the study, Dr. Susan Yanovski of National Institutes of Health says, "I don't think that this study is saying that a woman who weighs 130 or 140 pounds and is otherwise healthy needs to get down to 110 pounds to improve her health. But if she can stay at her current weight, without gaining 10 or 20 pounds as she ages, she's doing a lot to improve her health." And if you are overweight, even losing a little can help.

Some women, like those who attended a recent conference at Berkeley called "Health At Every Size," are ignoring the study. So, Nutritionist Joanne Ikeda had this advice ... "adopt a healthy lifestyle and let your weight fall where it may."

Dr. William Dietz from Tufts University helped develop the government's new weight ranges that will be coming out later this year. He says, "If your weight in high school or young adulthood was normal, that's the weight you should remain for the rest of your life because it's quite clear that any weight gain out of the normal range carries with it a risk of disease or death regardless of your age."

Is it possible to be too thin? Experts say yes. Women with eating disorders are at increased risk for bone loss and fertility problems. But for the vast majority of women, the message is this: try not to gain weight in the first place ... and if you do, tackle it sensibly.

Height *	Weight In Pounds **
4'10"	91-119
4'11"	94-124
5'0"	97-128
5'1"	101-132
5'2"	104-137
5'3"	107-141
5'4"	111-146
5'5"	114-150
5'6"	118-155
5'7"	121-160
5'8"	125-164
5'9"	129-169
5'10"	132-174
5'11"	136-179
6'0"	140-184
6'1"	144-189
6'2"	148-195
6'3"	152-200
6'4"	156-205
6'5"	160-211
6'6"	164-216

* Without shoes

** Without clothes

Nancy Dell, MS, is the Media Representative for the Western Mass. Dietetic Association and a Registered Dietitian with a private practice in Feeding Hills. She can be reached at (413) 786-2957.

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195/65R14	84.99	215/70R15	87.99
195/60R14	85.99	205/55R16	120.99
195/65R15	86.99	215/60R16	110.99
195/60R15	89.99	225/60R16	111.99
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Blackwall Price
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185/70R13 39.99
185/70R14 41.99
195/70R14 44.99
205/70R14 46.99
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P175/70R13
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White Letters Price
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P185/70R14 48.99
P195/70R13 52.99
P195/70R14 54.99
P205/70R14 58.99
P215/60R14 57.99
P215/65R15 68.99
35,000 MILE LIMITED WARRANTY

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P215/75R15 \$54.99
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Chiropractic
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786-4820

Top 10 Foods To Avoid

Recently, I attended a seminar with guest speaker Dr. Ted Broer, a leading nutritionist. He commented on the top 10 foods that should be eliminated from the diet.

Why is a chiropractor concerned with nutrition? Chiropractic's whole focus is preventative care, keeping the body healthy and preventing future problems. Poor nutrition creates stress on the body, which leads to problems down the road.

FOODS TO AVOID

1. High-fat luncheon meat (sausages, bacon, hot dogs, etc.).
2. Contaminated shellfish (a very serious matter); only buy from reputable sources.
3. Margarine products—the trans-fatty acids lead to increased heart disease and cancer. These include Crisco and processed peanut butter (as opposed to natural butters). Use real butter moderately, instead.
4. Nutrasweet/aspartame/Equal. (This means diet sodas!) These can lead to neurological problems, headaches, confusion, and depression.
5. Junk food (Twinkies, Ding Dongs, etc.). It has no nutritional value whatsoever.
6. Mayonnaise (it's all fat). Use olive oil or canola oil.
7. Watch for chlorine in the water supply; drink filtered water.
8. High-fat dairy products; use skim milk.
9. Caffeine products. A recent article in *Lancet* states that two cups a day can increase heart disease by 50 percent.
10. Alcohol.

Dr. Nelson maintains an office at Hampden County Chiropractic at 850 Springfield Street, Feeding Hills. Dr. Nelson is available to answer questions on Monday and Wednesday from 1:00 to 2:00 p.m. at 786-4820.

Notice: Brother can you spare some change? Hampden County Chiropractic will be collecting money for the Springfield Rescue Mission between now and Christmas. Dr. Tami Nelson will match all donations dollar-for-dollar.

Best local news...

Sweet 16
Crusher

Love,
Dad & Mom

Living
Well

by Rick Hersom
Fitness Director
Fitness First Health
and Fitness Center
60 N. Westfield St., F.H.
(413) 786-1460

Overtraining

Exercise has many benefits when performed correctly for the proper length of time, number of days, and at the right intensity. If the proper guidelines are not followed, you may develop overtraining symptoms.

In order to avoid this, do your homework and read up on exercise before you start, speak with your physician about any possible limitations you may have, and seek a professional with the proper degree and certifications in the exercise field.

Overtraining may lead to fatigue. Exercise normally makes you feel like you have more energy, but if you are left feeling tired constantly

DR. SCHLAFFER - from Page 30...

vertebrae or disc problems correct themselves spontaneously and permanently.

Chiropractic care is a good place to start. In case you are not yet aware of it, the U.S. government's Agency for Health Care Policy and Research (AHCPR) has made some remarkable statements regarding contemporary treatment for low back pain. In addition to mild analgesics and application of heat/ice, **spinal manipulation** (spinal adjustments), when performed by a professional can be helpful for many!

The doctor of chiropractic is a well-trained professional with a variety of methods of conservative treatment of low back pain and sciatica. Should your problem require an alternative treatment, your chiropractor will refer you to the appropriate physician.

If low back pain and sciatic problems persist, call **SCHLAFFER CHIROPRACTIC OFFICE**, 192 Shoemaker Lane, telephone number (413) 789-1369. We care about you!

For all the hometown news, you turn our pages every week - ADVERTISER NEWS.

throughout the day, you may be exercising too much. Another symptom of fatigue is having the feeling of tiredness but being unable to sleep, or unable to sleep soundly.

Extreme soreness one or two days after exercising can be a sure sign of overtraining. Proper exercise should not cause pain. Occasional slight discomfort may be acceptable, but only at a very mild level. Pain is your body's way of telling you that something is wrong, and you need to listen. Do not "try to work through the pain."

Menstrual irregularities are also known to occur due to overtraining. Increased cramping, irregular cycles, and absence of menstrual periods can be a sign for you to back off and see your physician. These irregularities can be due to thinness, weight loss, malnutrition, stress, and too much vigorous exercise.

Everyone gets an occasional cold, but frequent colds may be from overexercising. Recent studies show that a moderate bout of exercise may help to boost your immune system, but too intense a session can actually make you more sick.

Exercising is one of the best things you can do for your health, but as with anything, when exercising you need to take a common sense approach.

Learn from people that have an education in the exercise field, and always listen to your body.

Chronic Pain Support
Group To Hold Mtgs.
At Mercy Hospital

The Weldon Center for Rehabilitation at Mercy Hospital in Springfield sponsors a free Chronic Pain Support Group for sufferers, their families, and friends.

Meetings will be conducted from 1:00 to 2:30 p.m. on the Mercy Hospital campus as follows:

- December 5th - Deliso Conference Center.
- December 19th - Memorial House auditorium.

The group is led by Glenn Fagen, Ph.D., a clinical neuropsychologist at the Weldon Center. Dr. Fagen will discuss new technologies, theories, and treatments for chronic pain; participants will have the opportunity to share experiences and learn pain management techniques.

For more information, call Nancy Shimel, group coordinator, at (413) 748-6800.

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Arts

Ag. Repertory Theater To Present Two Plays Set In Appalachia

Agawam Repertory Theater (ART) will present two one-act comedies on Friday, December 1st, at 8:00 p.m., and Saturday, December 2nd, at 2:00 p.m. at the Agawam Senior Center. The plays, which are being sponsored by the Agawam Cultural Council, are both set in Appalachia.

"A Kentucky Marriage Proposal" is a hilarious rendition of Chekhov's classic play about a bumbling suitor, an argumentative spinster, and her father. In this rendition, the father role is changed to a mother role. Directed by Sal Marzano, the cast includes Steve Mangine, Debby Kozikowski, and Liz Marzano.

In the second play, "For Better or Worse" by Susie Smith Sinclair, a long-suffering mother of a large family is beginning to be overwhelmed by hostility at her family's treatment of her until the local "granny woman" suggests a curative ruse. This play will be directed by Kathy Grady and features Janice Reynolds, Bob Lawson, Ellie Reynolds, Andy Curto, Tanya Marzano, and Luke Kozikowski.

The Friday night performance is free to the public because of the Agawam Cultural Council sponsorship. The Saturday performance will be a benefit for the Agawam Senior Center.

For further information, call Kathy Grady at 567-0467, or Sal Marzano at 786-3196.



CAST MEMBERS OF THE Agawam Repertory Theater (ART) rehearse scenes from two one-act plays to be presented December 1st and 2nd. IN LEFT PHOTO - Debra Kozikowski, Liz Marzano, and Stephen Mangine. IN PHOTO RIGHT - Ellie Reynolds, Janice Reynolds, Bob Lawson, Luke Kozikowski, Tanya Marzano, and Andy Curto. Advertiser News photos by Jack Devine.

PLEASE REMEMBER classified ads are \$10 for 30 words or less, and 10 cents for each additional words. Classifieds may be paid for when you come up or when you send it in the mail.

The Second Annual Agawam Rotary Club Holiday Auction!



Storrowton Tavern Carriage House
West Springfield, MA

Thursday, December 7, 1995
Doors open at 6:30 PM

Admission:
\$5.00 including appetizers
and cash bar

To be auctioned:
Sporting goods, gift certificates,
sunny vacations and much,
much more.

Agawam High School Drama

Presents:

Neil Simon's

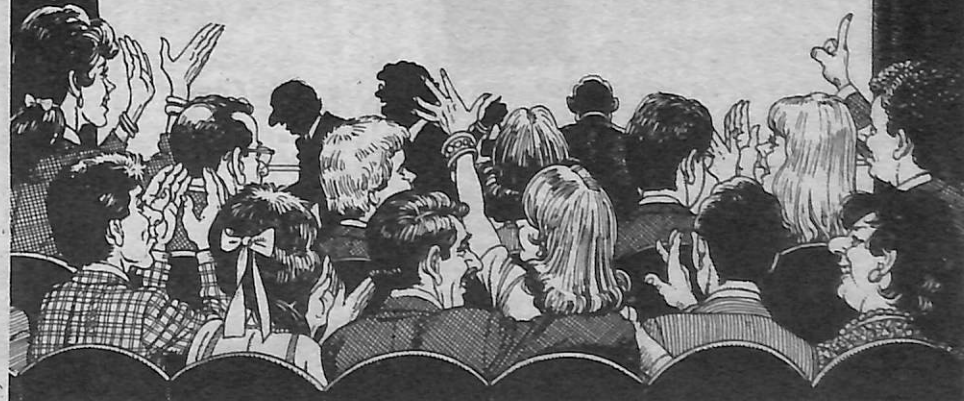
The Odd Couple

Date: Dec. 7 & 8

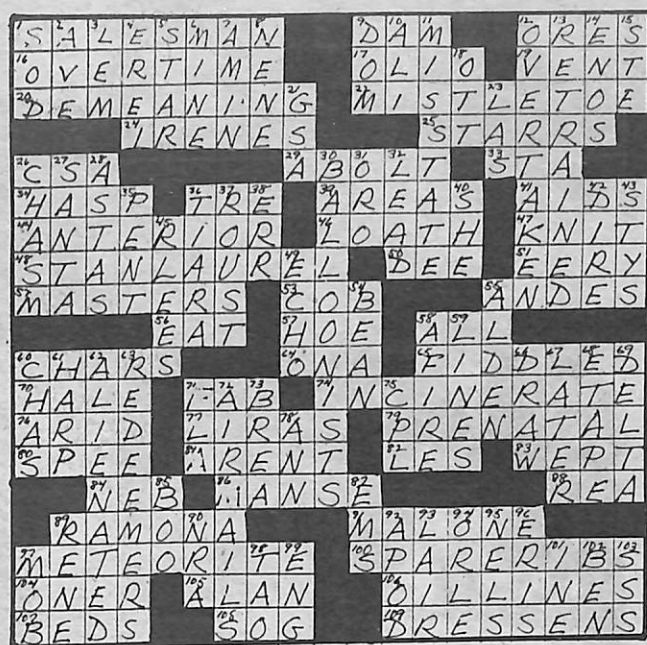
Time: 7:30

Place: Agawam High School
Auditorium

Donation: \$4:00, \$3:00 Senior
Citizen



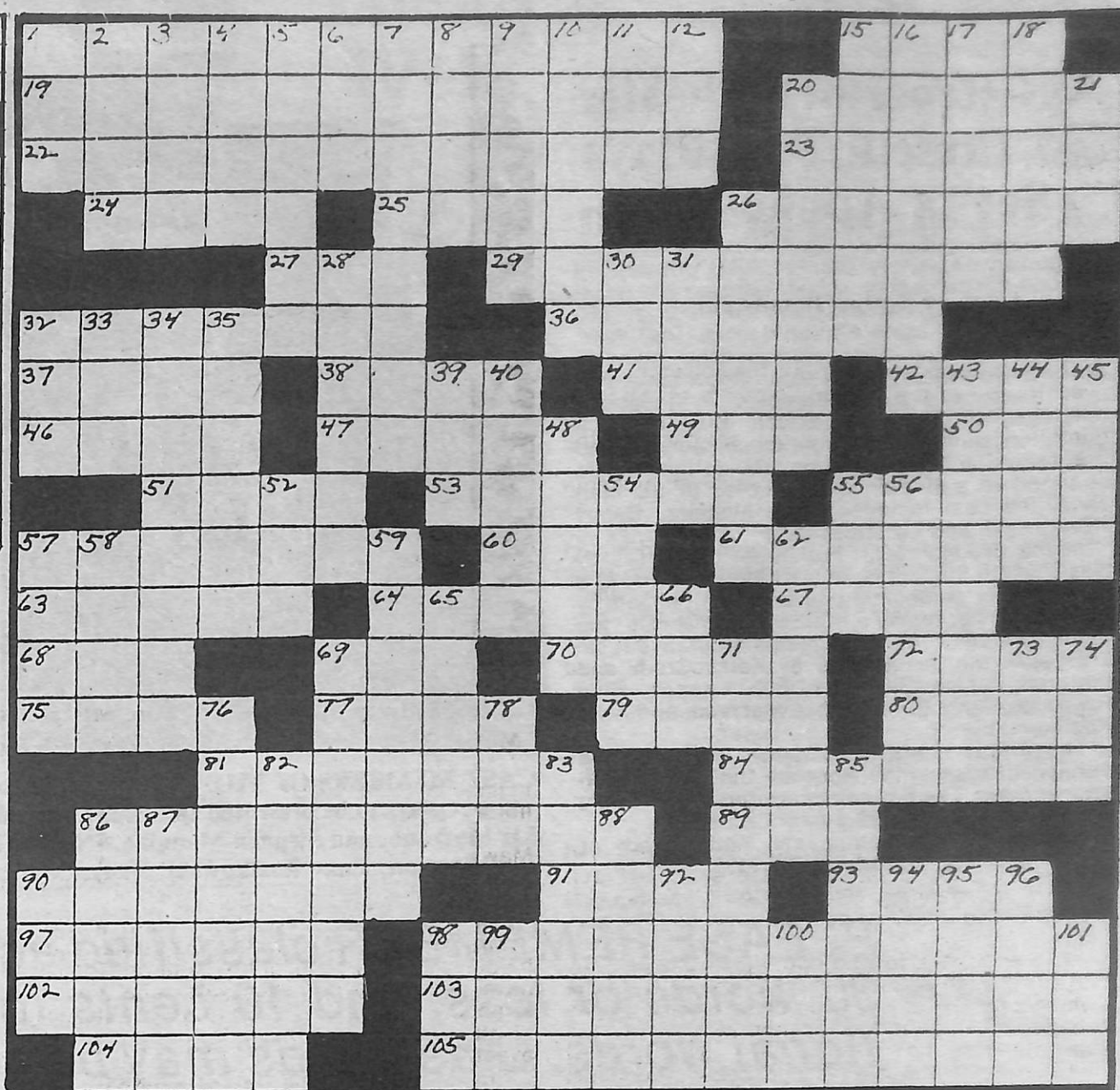
Last Week's Solution...



ACROSS
 1 Tiffany lamp feature
 15 Church cruet
 19 Turns to atoms
 20 Capsize (2 words)
 22 Black sheep often (2 words)
 23 Papal veils
 24 Arrived
 25 Shout
 26 Pencil ends
 27 Zebra on the field
 29 Glen Miller's tribute to Fudd
 32 Bedroom item
 36 More rueful
 37 "Thunder" of the links
 38 Fall faller
 41 Ballet lake
 42 Verve
 46 God bless it (abbr.)
 47 Unruly action
 49 Warn, fly, or do ending
 50 Large flightless bird
 51 Life (Latin)
 53 G.I.'s WWII rifle
 55 Macadamized
 57 Out in front
 60 Edge
 61 Cracker
 63 Collective union of Russia
 64 Find another chair
 67 Booty
 68 My (Spanish)
 69 Beaver's creation
 70 Sound like a mad dog
 72 Partner in life
 75 Vamp Theda
 77 Somme summers
 79 Hebrew letter
 80 O.J.'s judge and family
 81 Stated the nature of
 84 Talkative ones

86 End of the line people
 89 Coastal raptor
 90 Problem with plywood
 91 Roman road
 93 Weight allowance
 97 Jargons
 98 James Dean and Elvis
 102 "Oh say can — — —"
 103 Too full of spirit
 104 Golfer's gadgets
 105 What a couturier does
DOWN
 1 Baden-Baden
 2 Bath powder
 3 Diva's solo
 4 Part of a list
 5 "Forty —"
 6 Governmental agency
 7 Shop where you save taxes
 8 Type of club
 9 Large serving spoon
 10 Bikini and others
 11 Japanese monetary unit
 12 Compass point
 15 Put fizz in
 16 Compute dosage
 17 Steve or Woody
 18 Cubic meter
 20 "— around" (playful activity)
 21 Before the C.I.A.
 26 Things to run
 28 Moray seeker
 30 Months (abbr.)
 31 Rommel the Desert Fox
 32 Incorporation papers abbr.
 33 Gypsy gent
 34 Otis invention
 35 Step measurement

MEET THE MASTER - by Dick Mastroianni



39 Math subject for short
 40 "... no evil"
 43 Float in the air
 44 Prayer finale
 45 Unclothed
 48 Lake Indians
 52 Sesame
 54 Iowa commune
 55 Arafat's org.
 56 Type of power
 57 Mary's pet
 58 Silkworm
 59 Rasping
 62 "— one, one for..."
 65 Improve a text
 66 Palm fiber
 69 Half a football team
 71 Title for a minister
 73 High hill
 74 Curved letter
 76 Fatty

78 Observe
 82 Choice members of a group
 83 Foolish talk
 85 How to march
 86 Seer's card
 87 Debate
 88 Sterling (abbr.)
 90 "In harm's —"
 92 Notable time periods
 94 Women's name
 95 Over-ripens
 96 Robert —
 98 Cornish names
 99 Actress Arden
 100 Count Zeppelin's invention (abbr.)
 101 Militant campus org. of yore

Vincent Govoni Is Directing Singers

New England Christmas Singers, under the direction of Vincent Govoni from Agawam, will be presenting a Christmas concert entitled "Canticle of Christmas."

The performance will be Sunday, December 3rd at 7:00 p.m. at St. Michael's Church, 110 Maple Street, East Longmeadow.

Tickets are \$5 for adults, \$3 for under 12, and are available at the door.

All the local news with us, each week
ADVERTISER NEWS

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Education

Orange & Brown Theme Of Rally At Agawam High

by Kathy Cassanelli
News Editor

The first Orange and Brown Day found the town decked out in the traditional colors of the High School in a display of community spirit as the Brownies prepared for the biggest game of the year on Thanksgiving.

To show their school spirit, Agawam students from pre-school through High School, as well as their teachers and school administrators, searched their closets for anything orange and brown they might wear or carry. Residents and business owners hung flags and flew balloons as the whole town came together in a show of community spirit and unity.

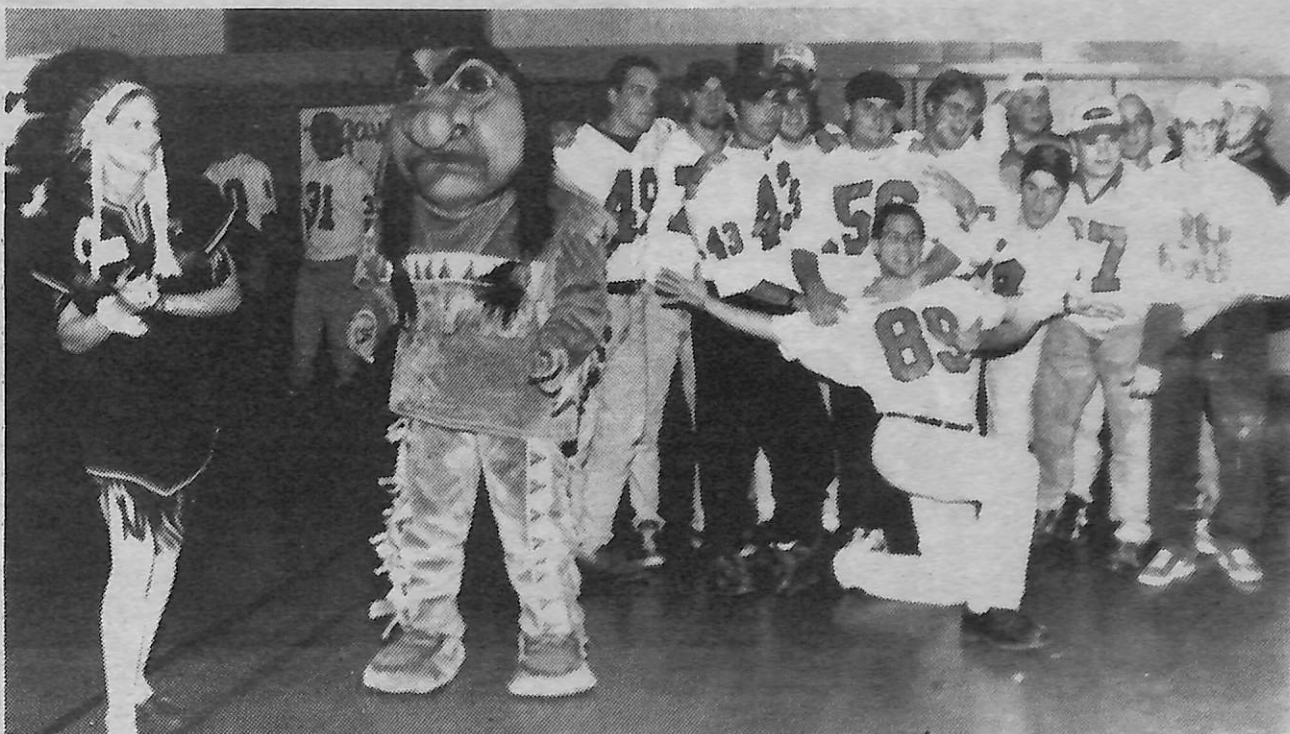
Not only did the orange and brown blizzard serve to spark a sense of pride and community spirit, but the colors were a welcoming backdrop for the town's new mascot, Mawaga.

Escorted by Mayor Christopher C. Johnson, Mawaga made his debut at the James Clark School along with his sidekick, the Indian maiden Matawaka.

Johnson introduced Mawaga (Agawam spelled backwards) to the children and explained that Matawaka, meaning "Playful One," was the real name of the Indian princess known as Pocahontas.

The costumes for the duo were purchased by Agawam High School's P.T.S.O. as a gift for the whole town to enjoy, according to P.T.S.O. Co-chairwoman Joann McGeoghan, who played the part of Matawaka.

Underneath the fringed and beaded costume, School Committee member and P.T.S.O. member Susan Pettazzoni greeted children at all the



MAWAGA (Agawam spelled backwards), the town's new mascot is pictured with members of the Agawam High football team with the Indian maiden, Matawaka (PTSO member Joann McGeoghan). **MORE PHOTOS ON NEXT PAGE.** Advertiser News photo by Jack Devine.

town's schools and made appearances at the library and the Senior Center before capping off the afternoon at the High School pep rally. Mawaga ended his first day on the job with a performance at the traditional pre-Thanksgiving game bonfire at the High School.

Mawaga To Be Played By Gridiron Moms

Mrs. McGeoghan said the part of Mawaga will be played by members of the Gridiron Moms who have been taking classes with local dance instructor Lori Andruss Boyle to prepare for taking on the duties of entertaining at sports and civic events.

"Eventually, we'll be having auditions for the mascot," Mrs. McGeoghan said.

Mrs. McGeoghan said Orange and Brown Day,

as well as the idea for a town mascot, grew out of a brainstorming session with Athletic Director Kathleen McSweeney, Mrs. Pettazzoni, and AHS Acting Principal Joseph Zabielski (as a way for the entire town to come together for a show of community spirit and unity).

Mrs. McGeoghan said, "This came about after some parents and students came to the P.T.S.O. with concerns about a lack of school spirit at the High School, and asked us to do something."

Even though the AHS sports teams are known as the Brownies, the mascot ties in with the town's links to the Agawam Indian tribe as well as the High School's marching band, the Marching Mohawks, she said.



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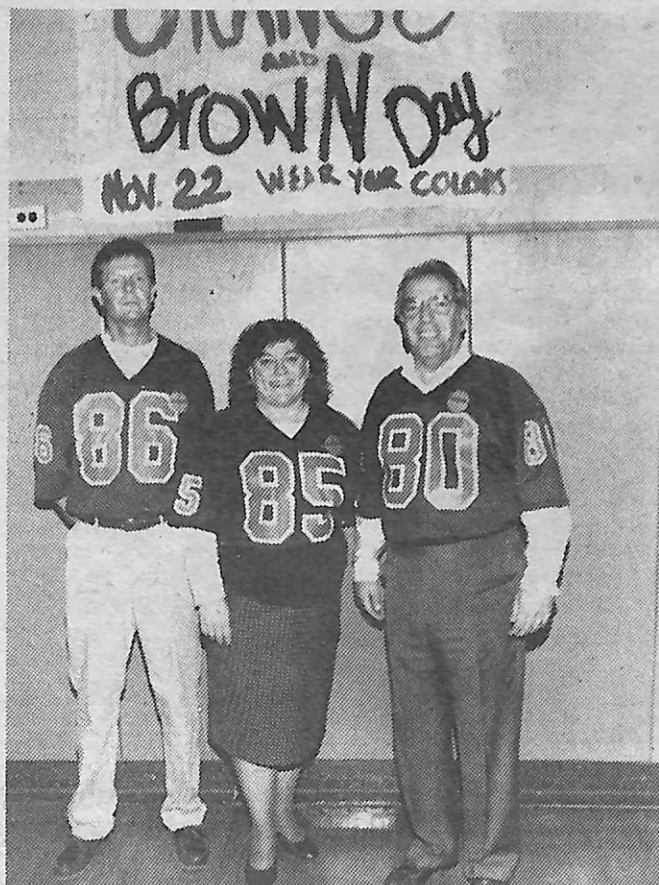


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Orange & Brown Day At Agawam High



WEARING THEIR NEW orange and brown football jerseys are Agawam High administrators Joseph Zabielski, acting principal (left); Bernadette Conte, dean of students; and Paul Cavallo, assistant principal. Advertiser News photo by Jack Devine.



ACTING AHS PRINCIPAL JOSEPH ZABIELSKI looks on as Mayor Christopher C. Johnson introduces a proclamation honoring "Orange & Brown Day." Also introduced are the town's new mascots - Mawaga and the Indian maiden Matawaka (Joann McGeoghan). Advertiser News photo by Jack Devine.

Steve Cincotta Enters Boston University's Class Of 1999

Steve Cincotta of Agawam is one of more than 1,940 freshmen studying at Boston University's College of Liberal Arts.

Members of the Class of 1999 come from 49 states and 62 foreign countries.

Cincotta, a graduate of Agawam High School, is the son of Stephen and Mary Cincotta of Barney Street.

Boston University is the third largest independent university in the United States, with an enrollment of more than 29,000 students in its 15 schools and colleges.

Located in the heart of a city rich in cultural, historical, and intellectual attractions, the University is one of the nation's preeminent teaching and research institutions.



MEMBERS OF THE AGAWAM HIGH FOOTBALL TEAM are pictured at a pep rally and bonfire the night before the traditional Thanksgiving Day game vs. West Springfield at Harmon Smith Field. Advertiser News photo by Jack Devine.



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Clark School Students Receive Visit From Native People Expert

by Kathy Cassanelli
News Editor

Some things never change. Children still cuddle up with a soft blanket or furry toy at bedtime; brothers still tease their sisters; and leaders still can't abide being laughed at.

Jane Robinson's kindergarteners at Clark School and their friends from the integrated first grade class sat spellbound for over an hour as they learned more about the native peoples of New England through stories, songs, displays of household articles, and demonstrations of their games, hunting techniques, and first-starting acumen, sponsored by the PTO.

Alan Bicknell of the Somers Mountain Indian Museum in Enfield invited the children to visit the museum to explore their extensive collection of Indian artifacts.

"We have a teepee out there and lots of interesting things," Bicknell said. "All of it is very old and very real."

Bicknell, who has been visiting the children at Clark for several years, said he tries to instill a sense of respect for the richness of Native American culture in his young audiences.

"I hope they gain more respect for native people, and I hope to dispel some of the misinformation about their daily lives," Bicknell said. "Often, children think of Indians as just running around killing each other. Many people don't realize how important games were to native people, and how luxurious their lives were."

Bicknell showed the children some of the thick furs used by Indian children as bedcovers, snuggle toys, and ceremonial garb.

Along with household artifacts like baskets and stone tools, Bicknell brought the children an assortment of toys enjoyed by their counterparts hundreds of years ago as well as some insight into an age-old problem. It seems Indian boys were not at all reluctant to swipe a sister's favorite doll and send it on a perilous journey in a toy canoe. The boys soon learned to tie a string to the canoe so as to haul it and its precious cargo back to share.

Many of the children recognized the Algonquin origin of some familiar words, including Massachusetts, Agawam, and moccasin. Bicknell stumped the children and their teachers with chipmunk, meaning little striped mouse.

Native American Myths And Songs

Besides learning some of the games used by Native Americans to hone the skills needed for hunting and surviving in the forest, the children heard some of the myths and songs Native American children have been hearing for centuries.

Who would have guessed that moccasins were invented to protect the feet (not to mention the ego) of Chief Tenderfoot, and that the medicine man's wife came up with the idea to sew leather together for foot coverings just in time to save her husband from becoming wolf food.

You see, the chief was not amused by his subjects' merriment whenever he stepped off the soft mats meant to keep his tender feet from being bruised. The people couldn't stop laughing as the chief hopped from one foot to another, hollering in pain.

Using Native American techniques, Bicknell had the smoldering embers needed to start a fire in about 20 seconds flat.

Mrs. Robinson said Bicknell's visit topped off the children's study of the four native groups: Eskimoes, Woodland, Plains, and Pueblo Indians.

"This is a culmination of what they've been studying," Mrs. Robinson said. "The Indians are so fascinating to the children. They've learned some Indian signs and symbols, and they have been able to do some writing with the symbols."

Mrs. Robinson praised Bicknell's presentation, noting, "It's unusual for five year-olds to sit still this long."

Spirit Of Giving At Ag. Public Library

Whether you're celebrating Christmas or Hanukkah, get into the spirit of giving with this program at the library for Agawam and Feeding Hills children in grades K and up.

It will be offered on two different days and times:

Saturday, December 9th, from 11:00-noon, or Monday, December 11th, from 4:00-5:00 p.m. Please choose the one most convenient for you.

You'll get to create one craft and up to five cards for your friends and family!

Register for one of the programs by calling 789-1550 or stopping by at 750 Cooper Street.



ALAN BICKNELL of the Somers Mountain Indian Museum in Enfield visited kindergarten and first grade students at James Clark School. Advertiser News photo by Jack Devine.

Anne Marie Barako Receives Recognition As "Student Sage"

Russell Sage College has selected Anne Marie Barako of Westfield High School, a senior, to receive the 1995 Student Sage Recognition Award.

Ann Marie is the daughter of Janet & Joseph Barako of Westfield and the granddaughter of Janice & Edward Barako of Feeding Hills.

This award was created to recognize in young women today the characteristics of academic excellence, student leadership, and community involvement - all of which have defined Russell Sage College women for nearly a century.

Barako was selected by a guidance or faculty member from her high school as embodying the Russell Sage motto, "To Be, To Know, To Do!" through her achievement and involvement in school and the community. Each award recipient will receive a custom-designed Tiffany pin bearing the Latin translation of the Sage motto, as well as a \$5,000 annual scholarship, should the recipient enroll at Russell Sage College.

In honor of these awardees, Russell Sage College hosted a "Student Recognition Day," at the college campus. The event consisted of speakers and interactive workshops to introduce students to the leadership opportunities available to students at Sage.

Laura Asta-Ferrero In College Production At Bridgewater State

The Bridgewater State College Dance Company's production of Winterdance '95 features Laura Asta-Ferrero of Agawam as one of this year's student choreographers.

Ms. Asta-Ferrero has been dancing since she was two at Mary Anne's School of Dance. She has also done some teaching and choreography there. Ms. Asta-Ferrero, along with fellow student Rebecca Frost of Waltham, has choreographed a dance about the seasons spring and summer called "Spring Into Summer."

Ms. Asta-Ferrero is an Elementary Education and Spanish major with a minor in dance at Bridgewater State College. She is the daughter of Pat & Karen Asta-Ferrero of Agawam.

Winterdance '95 will be performed Thursday, December 7th and Saturday, December 9th in the Rondileau Campus Center Auditorium. The theme of this year's show, images of time, unifies a wide variety of inspirations and dance forms. Included in the show are modern dance, lyrical, jazz, tap, and hip-hop.

This year's guest choreographers include Colleen Quinn and Kari Banas.



ANN MARIE BARAKO

McDONALD'S OF AGAWAM

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868 Suffield Street, Agawam
Southgate Plaza 786-6863

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HEY KIDS - Bring in a handmade decoration for our Christmas tree and receive a free box of cookies Friday and Saturday. (Kids under 12 yrs.)					1	2
3 99¢ Double Cheese 99¢ Chicken Fajitas 99¢ Hamburger Happy Meal \$2.99 Big Mac Meal 99¢ 2 Cheeseburg Meal	4 Game Night 4-6 p.m. (Kids under 12 yrs.)	5 Free Kiddie Cones 4-6 p.m. (Kids under 12 yrs.)	6 Coloring Contest 4-6 p.m. (Kids under 12 yrs.)	7 Story Hour 4-5 p.m.	8 A Decoration For Cookies	9 Santa Claus Visits 11 a.m. 4 p.m.
10 Santa Claus Visits 11 a.m. - 4 p.m.	11 Game Night 4-6 p.m. (Kids under 12 yrs.)	12 Free Kiddie Cones 4-6 p.m. (Kids under 12 yrs.)	13 Coloring Contest 4-6 p.m. (Kids under 12 yrs.)	14 Story Hour 4-5 p.m.	15 A Decoration For Cookies	16 A Decoration For Cookies
17 All You Can Eat Pancakes 99¢ 8-11 a.m.	18 Game Night 4-6 p.m. (Kids under 12 yrs.)	19 Ronald McDonald in person!! 6 p.m.	20 Coloring Contest 4-6 p.m. (Kids under 12 yrs.)	21 Story Hour 4-5 p.m.	22 Grand Prize Drawing For BMX Bikes	23 A Decoration For Cookies
24 All You Can Eat Pancakes 99¢ 8-11 a.m.	25 Closed Merry Christmas	26 Free Kiddie Cones 4-6 p.m. (Kids under 12 yrs.)	27 Coloring Contest 4-6 p.m. (Kids under 12 yrs.)	28 Story Hour 4-5 p.m.	29 Free Balloons 4-6 p.m. (All kids under 12 yrs.)	30 Face Painting 3-6 p.m. (All kids under 12 yrs.)

Odd Couple Being Staged Dec. 7th & 8th At Agawam High

by Kathy Cassanelli
News Editor

You've seen them on video. You've seen them on television reruns. But, you've never seen them quite like this before.

Mathau and Lemmon. Klugman and Randall. And now - Casinighino and Viens.

Theater fans are sure to be rolling in the aisles when "The Odd Couple" opens in the Agawam High School auditorium on Thursday and Friday, December 7th and 8th, at 7:30 p.m.

Under the direction of AHS theater teacher Margo Poulin and former student Claudine Nofall, the production has been in the works since last spring.

Taking a break from a recent rehearsal, stage manager Rosemarie Oppedisano (AHS '96) said the well-known and beloved comedy is something of a departure from the more serious works the class has staged in the past.

"We hoping to attract an older audience and we're trying to get the community involved," Rosemarie said. "That's why we're offering a senior citizens' discount."

Tickets can be obtained at the door. The suggested donation is \$4, and \$3 for senior citizens.

Rosemarie said her job is to "basically control the set, help the cast with their blocking (finding their proper marks on stage), and help gather the equipment and props necessary for set decoration."

About the set. Afficionados of the trials and tribulations of the sloppy sportswriter paired with the neatnik photographer will have no trouble recognizing Oscar's apartment when the curtain goes up.

Clothes are strewn everywhere; potato chip bags and soda bottles have found a safe haven in the scattered debris of Oscar's living room.

The intermission separating the first and second acts will give the crew a chance to clean up Oscar's mess and signal the changes under Felix's housekeeping regime.

"We had a pizza before the rehearsal and we decided the remains looked good (as set decorations) so we'll have one at the performance," Rosemarie told us.

Theater goers are in for a treat as Justin Casinighino and Dan Viens take on the roles of

Books Donated To Middle School Library



MEMBERS OF THE DELPESCHIO FAMILY, Paul, Betsy, and Jamie donated 15 books to the Agawam Middle School Library in memory of Karen Buffington-DelPeschio. Accepting the donation are Middle School Librarian Sylvia Deliso and Middle School Principal Ralph Zavarella. Advertiser News photo by Jack Devine.

America's best-loved odd couple. But there will be surprises in store.

The Pigeon sisters have lost their British origins and will be flying into the AHS production from Baton Rouge, Louisiana. Putting their own touches on the production, the AHS students found a southern drawl more suited to the actors' skills than an English accent.

The dialogue promises to be fast and furious (with lots of opportunities for ad libbing, especially around the poker table).

Rosemarie said the cast left their teacher and assistant director laughing helplessly during the rehearsals. One especially funny scene comes when the poker playing buddies chase Felix around the apartment in an attempt to forestall his suicide attempt (after he learns his wife intends to divorce him).

"Justin and Dan do a really good Oscar and Felix," Rosemarie said. "The play was cast perfectly. We could just see all these kids as their characters."

Lighting and sound will be provided by the production class of AHS teacher Stephen Files. This crew includes T.J. Gontczaruk, Dave Kellog, and Kelly Liard.

Tickets for the show were printed by the graphics arts class of teacher Thomas Collins. Set design and painting were the responsibility of Ellen Bellerose, Danielle DiDonato, and Amber Paradysz.

The cast consists of (in order of appearance) Andrew Ingham, Kevin Bovat, Andy Pond, John Hill, Justin Casinighino, Dan Viens, Sabrina Ferrari, and Jessica Pryzbyla.

Next on the AHS theater bill in January is a production of Bram Stoker's "Dracula" with Dan Viens taking on the title role.

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Agawam Schools' Weekly Lunch Menu

Monday, December 4th: Cheese pizza, tossed garden salad with Italian dressing, chilled fruit cup, milk.

Tuesday, December 5th: Meatballs in tomato sauce, buttered macaroni, seasoned mixed vegetables, Italian bread & butter, vanilla pudding with topping, milk.

Wednesday, December 6th: Oven-baked chicken nuggets, dipping sauce, seasoned carrot coins, steamed rice, bread & butter, fruit cup or chocolate cake with vanilla icing, milk.

Thursday, December 7th: Taco boat with cheese topping, niblet corn, applesauce, raspberry jello with topping, milk.

Friday, December 8th: Half tuna salad sandwich, half peanut butter sandwich, oven French fries with catsup, pineapple tidbits or chocolate pudding with topping, milk.

* **REMINDER:** Elementary lunch is \$1/per day or \$5/weekly.

(NOTE: Please remember to purchase your tickets on Mondays for the week. Personal checks are accepted, payable to: The Agawam School Lunch.)

Please remember to publicize your events at least two weeks in advance. We open weekdays at 6:30 a.m.

Thanksgiving At Perry Lane Nursery School



PRESCHOOLERS AT PERRY LANE NURSERY SCHOOL enjoyed a Thanksgiving feast last week with all the trimmings.

THIS WEEK'S ISSUE OF THE X-CLUB WILL NOT BE ABLE TO MAKE IT BECAUSE THE CARTOONIST EITHER WENT OUT FOR LUNCH OR TOOK A BIG VACATION! SO HERE IS A COMIC STRIP FOR ALL YOU WOULD-BE-HERO TYPES! ENJOY!!!!

HELLO, I'M HERE, WITH A MESSAGE FOR ALL YOU X-CLUB FANS AND WOULD-BE-HEROES. TODAY'S LESSON: SWINGING IN THROUGH THE WINDOW!

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OF COURSE, MAKE VERY SURE IT'S THE RIGHT WINDOW!

REMEMBER, HEROES ARE MADE, NOT BORN! DO KEEP SWINGING, AND DON'T EVER LET YOUR GIRL DOWN!

NEXT ISSUE: THE X-CLUB ADVENTURERS CONTINUES...

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17 Wooded Priv acres on Ct line	\$95,000
2 Acre parcel w/5 Rm, 3 BR Col. 2 car gar. Great loc	\$106,000
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Gorgeous 6 Rm Cape. 3-4 BR. Oak kit. DR, FPL, vinyl sided. Rec Rm	\$109,900
Oversized R/Ranch. Gas.heat. Gar	\$113,900
Charming 6 Rm, 3 BR Cape. FP. Gar & hdwd flrs. Quiet area	\$112,900
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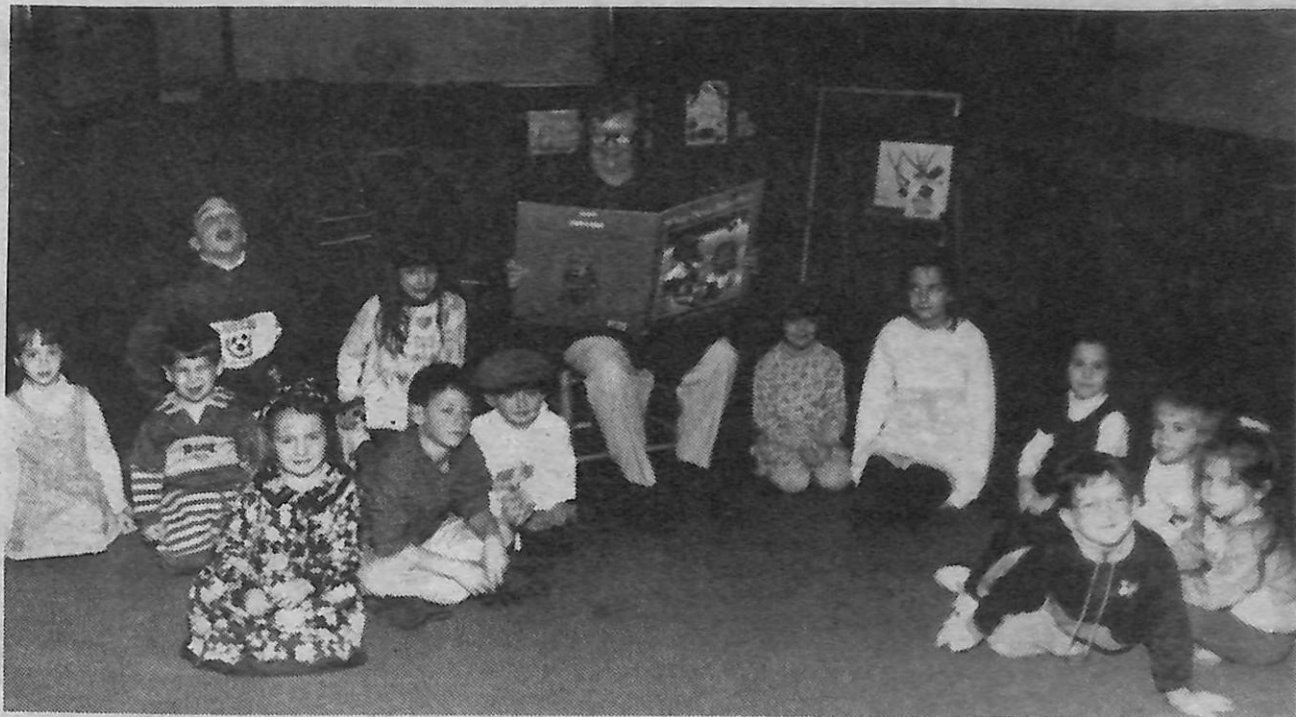
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Celebrating 'Children's Book Week' At The Ag. Public Library

Agawam kids celebrated in a BIG way during "Children's Book Week" at the Agawam Public Library.

At a recent "Hot Picks" story hour, they were entertained with a variety of new picture book stories by Children's Librarian Jeanne Hofmann. After the stories, the youngsters created "Reading Star" bookmarks to take home.

To keep the "Children's Book Week" spirit going all month long, the library has a display table filled with new books just for kids. No adults are allowed to borrow books from the display unless they are accompanied by a child, and children may choose up to three books to check out (along with their other library material).



JEANNE HOFMANN, the famous children's librarian at the Agawam Public Library, celebrates "Children's Book Week" at the library with a group of her little friends. Advertiser News photo by Jack Devine.

Agawam High School December Calendar

Dec. 5th: Class of 1996 measured for caps & gowns; Western Mass. Math League Meet, Southwick High School

Dec. 6th: Back to Sports Night, 7:30 p.m.

Dec. 7th: Media Day, 2:00 p.m.

Dec. 8th: AFS Field Trip to Boston

Dec. 14th: Financial Aid Night, AHS Cafeteria, 7:00-9:00 p.m.

Dec. 20th: Math Club Social

Dec. 25th: "Navidad" in Spanish classes; "Noel" in French classes

Dec. 28th: Class of 1996, Semi-Formal Dance

Outdoor Holiday Decorating Contest Being Planned By Agawam High PTSO

Agawam High School's P.T.S.O. is planning a town-wide outdoor holiday decorating contest.

The houses/yards that would like to be entered will pay a \$5 entrance fee. The address can be entered by any person who would like to enter that location, being the homeowner, neighbor, friend, or relative.

There will be a judging committee that will drive

by all entries. The date will be announced through *The Agawam Advertiser* plus the cable access channel.

The P.T.S.O. continues to come up with ideas to encourage community spirit. For more information, please call Joann McGeoghan at 786-1982 or Susan Pettazoni at 786-9699.

PLEASE REMEMBER that Jack Devine needs at least 48 hours notice to cover your event. If Jack is out, please leave a message at 789-0053. Thanks.

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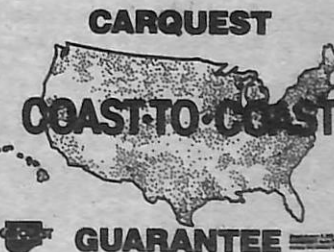


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Sports

Melanie DeMastrie Places 2nd At Western Mass. Gym Meet

The hard work of Melanie DeMastrie, Agawam High School's top gymnast, paid off on Friday, November 17th, as she earned second-place honors overall at the MIAA West Sectional championships at Chicopee Comp.

DeMastrie outscored many top gymnasts in Western Mass with a 33.025 score, placing second only to Comp's Amanda Salacinski.

Heather Sawyer, AHS's gymnastics coach, stated, "I knew Mel had what it took to place high in the individual standings, but second place was definitely a pleasant surprise. I wasn't watching everyone's scores, so I had no idea how well she was doing."

DeMastrie's second-place finish capped off a great season for her. She also placed second all-around at the B Division championships the week before, where she placed second in every event and posted a 33.65 all-around.

"That meet went slightly better than Western Mass. for Mel. She had a season-high A.A. and individual event scores, and she's been steadily improving all season," said Coach Sawyer.

DeMastrie competed all-around all season long with Becky White, and both are responsible for the team's success.

"It's a team effort to score as high as we do, but having two all-arounders who are in the top six in Western Mass is definitely helpful," remarked Sawyer.

DeMastrie's success doesn't come easy, though. She has had her share of injuries this season.

According to Sawyer, "Mel works hard at every practice (three hours a day, four events). She never complains about the requests or demands I put on her."

"She's tough competitor—as tough as they come, I'd say—and earned every medal she received this year," admitted the coach.

Next season, DeMastrie will be a senior and will captain the Brownies. She'll also be a top contender for the all-around title, as well as a key gymnast for Agawam.

Coach Sawyer explained, "Like I said, she's constantly improving and works real hard, too. She really listens to me; we work well together."

"Mel's the type of gymnast who I love to help. She appreciates me and my advice. If she works half as hard next year, I guarantee Agawam will have the top gymnast in Western Mass ... and you can hold me to that," concluded Sawyer.

Curran Jones Donation



RICHARD & JOSEPH CURRAN of Curran Jones Funeral Homes donated the use of their parking lot below Agawam High School to benefit the AHS Football Booster Club for their parking fundraiser on Thanksgiving morning. Above are Curt Fuller, Scott Murphy (booster members), and Richard Curran. Advertiser News photo by Jack Devine.

Agawam Little League Slates Sign-Ups

The Agawam Little League will hold sign-ups for the spring season on Saturday, December 16th, at the Captain Charles Leonard House, Main Street, Agawam Center, from 10:00 a.m. to 2:00 p.m.

All new players must bring a copy of their birth certificates to the sign-up.

There will be a display ad in *The AAN* over the next two weeks with complete information.

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Sportsmen's Corner

—By Bill Chiba—

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The Deer Hunting Season

Looking back at the record deer kill in Massachusetts in 1994, it's no wonder that the hunters are looking forward to a record kill this year.

Last winter was very mild, food supply was abundant, deer birth was high showing an increase in the herd. The hunters I have talked with are looking for a record kill this year. The facts show that their expectations could be right.

The deer kill so far in our sister states of New England show record kills in Vermont, New Hampshire, Connecticut, and Rhode Island: Maine with a total kill of 24,683 in 1994; New Hampshire, 8,378; Vermont, 12,903; Massachusetts, 9,132; Connecticut, 10,436; and Rhode Island, 1,404.

The results of the deer kill this bow season show many deer over 200 pounds, which is conducive evidence that our herd is in good condition and the antlerless deer permits given out in the lottery number over 20,000. The permits are the way the Division controls the size of the herd, keeping the deer per mile to 12 to 15, which is the ideal number for Massachusetts.

We have been led to believe that we can't tell the sex of a deer by its tracks. Now the biologists tell us that this isn't true. There is a simple method to distinguish the sexes by their tracks based on two characteristics of deer physiology:

1) The front hooves are larger than the rest of the hooves, and 2) Bucks are wider at the shoulder and narrower at the hips, while does are narrower at the shoulder and wider at the hips, like people.

Place these facts together, and sexing deer becomes easy. Find three or four pairs of tracks falling in a relatively straight line. Draw a single line down the center of the tracks, separating the tracks of the left feet from those of the right. If the smaller hoof print in each set of tracks is closer to the centerline, the deer is a buck. If the longer hoof print is closer to the centerline, the deer is a doe.

Deer-Damage Hunts Expanded

Deer-damage payoffs are reaching prohibitive heights in Pennsylvania. A method of reducing

the money has been worked out with the "Landowner - Pennsylvania" special deer-damage hunting season, being expanded statewide.

"We found that farmers experiencing deer depredation and sportsmen participating in the program both indicated increased satisfaction with the either-sex hunt," said Steven Williams, Deputy Director of the Pennsylvania Game Commission.

Sportsmen hunting on deer-damaged lands can shoot either bucks or does during the general antlered buck season, and during a special late-December to late-January season, hunters may take does or antlerless bucks.

Landowners who have had their crops damaged by deer are allowed to enter the program if they contact a local Game Commission office by early September. Wildlife conservation officers visit the landowners with signs which notify sportsmen that the owner's lands are open to public hunting.

According to the Pennsylvania Game Commission, deer populations are increasing in the Keystone State's western counties and declining in the northcentral and northeastern counties. Deer numbers are stable in the southcentral and southeastern sections of the state. In 1994, one out of every eight public-land hunters took a buck, and one in five private-land hunters bagged an antlered deer.

If you or your wife are having trouble backing up your tent trailer, boat, camping trailer, here's an easy way to ensure that you're backing in the right direction. Keep your steering hand on the bottom of the steering wheel. Then, simply move your hand in the direction you want the trailer to go as you back up.

Going left? Move your hand left. If you're backing right, move your hand to the right.

The system sure beats the mental gyrations and geometry of angles, speed, and such—and it just might save you a trip to the body shop.

A Bent Arrow!!

One of the most important concerns of us bowhunters is that our arrows be as straight as possible. Even a slight bend in an arrow will throw it off track.

A simple test is to remove the broadhead or field point, insert the tip into a variable speed drill, and slowly rotate the arrow. Even the slightest bend will reveal itself. Your table vise can be used to take the bend out of the arrow.

Put the arrow into the vise and tighten it at the bend (not too hard to flatten the arrow) and bend it lightly until you have the arrow straight again. It takes a little time, but it beats paying someone two bucks to do what you can do with a little bit of patience.

If you want your deer cut up, call John at 357-6680 for an appointment.

Tri-Parish Bowling Going To The Wire For Round I Title

After 10 weeks of rolling in the Monday night Tri-Parish Bowling League, Catholic University and St. Louis are locked in a huge struggle for the Round One title with 23½ wins apiece. These two teams are closely followed by third place St. Michael and fourth place Georgetown (each with 22 wins, respectively).

CU faced seventh place Holy Cross (18½ wins) and had a strong match. CU winners were leadoff PAM BERGIN (283-278 over MARCIA DOBIE), second roller MARY THOMAS (a huge 332), and third roller TOM "Not Tony" CURTIS (326). The only winner for HC was anchorage SUE GRIFFIN (322). She defeated CU anchorman BILL GRIFFIN (275).

For CU, Pam Bergin is at 89.0 in Women's B; Mary Thomas is the leader in Women's A at 97.0; "Not Tony" Curtis is at 103.9 in Men's AA, good for second place. Sue Griffin is at 99.14 in Women's AA (third).

St. Louis had a clean sweep of Georgetown to really create a logjam at the top. St. Lou winners were leadoff AUDREY PHILLIPS (267), KIM LACROIX (268), PAUL LAGODITZ (302), and Captain GLEN ADAMS (334). Adams needed to be rolling well to defeat famous G-Town Captain DEBBIE POIRIER (321). Adams is the leader in Men's AA at 105 while Debbie continues her climb in women's rolling at 105.3, good for third in the Open Division.

Audrey P. is the leader in Women's C at 84.8; Kim LaCroix is the leader in Women's B at 92.12; and Paul L. is third in Men's B at 87.7.

St. Michael's ran into all kinds of trouble against eighth place St. Mary's (18 wins). St. Mary's had three winners - leadoff RITA SCOTT (282), second roller VENETTA SNYDER (287-284 over JAY LAGODITZ), and FRANKIE CERPOVICZ (302). The only winner for St. Mike's was Captain JEAN BUONICONTI, a 294-272 over JOHN LONCRINI. Jean is fourth in Women's AA at 92.25 while Mr. Loncrini is fifth in Men's AA at 96.12.

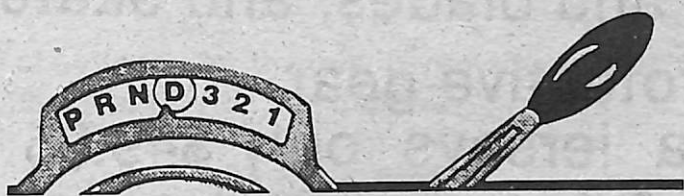
For St. Mary's, Rita Scott is third in Women's C at 81.16; Venetta Snyder is sixth in Women's A at 89.4; and Frankie C. is the leader in Men's A at 99.6.

Next on the lanes was the match between ninth place St. Anselm (16½ wins) and last place Fordham (15½ wins). St. A's got the best of this one, thanks to LOU NAPOLITAN (247), YVONNE CHARTIER (364, one of the rising stars in the league), and "Luscious" LOU MULDER (316), who defeated his brother, the famous "Jollie" OLLIE MULDER (291), in a huge grudge match. Ollie wasn't so "Jollie" after being defeated by his brother. Ollie is still the top gun in the league at 110.8 but is still being chased by "Luscious" Lou at 107.8.

SEE ROLLERS - Page 45...

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AHS Gymnastics Places Third At Annual Western Mass. Meet

The Agawam High School gymnastics team capped off yet another successful season (10-3) with a third-place finish at the MIAA West Sectional Championships held on Friday, November 17th, at Chicopee Comp.

Minnechaug won the team competition, followed by Wahconah Regional. The Brownies placed third, respectively, in the field of seven teams which qualified for the championships.

"It's a privilege to qualify as a team for this meet. We not only did that, but finished among the top three teams. That (kind of accomplishment) deserves some recognition," stated head coach Heather Sawyer.

The Agawam team accumulated a record-breaking score for itself with 121.975 points. Agawam outscored all seven teams on both floor and vaulting.

"We beat everyone on two events and did well on bars. If it wasn't for some falls off beam, I know we could have won it," Coach Sawyer commented.

The Brownies, captained by seniors Becky

White and Jen Sparverl, also did well as individuals. White placed sixth all-around (30.65), fifth on floor (8.55), and fourth on vault (8.40).

"Becky had a great meet to cap off her high school career. She was a consistent, high-scoring all-arounder all season. She works extremely hard at practice and was a great captain. She'll really be missed," said the coach.

Junior Melanie DeMastrie also qualified for Western Mass all-around and earned an outstanding second-place AA with a 33.025.

"What can I say about Mel? I work her hard and it's paid off. Her all-around has improved all season long, and she came in second in Western Mass. Even with injuries, she remained tough. Just wait until next year," remarked Coach Sawyer.

Kelly Mullen posted an 8.20 on floor, and freshman Kim Pietroniro earned an 8.45.

"Kelly and Kim have helped the team so much this year. Their scores have helped us win every meet," said Sawyer.

Jessica Hansen (7.80) and Pietroniro (8.10)

scored well on vault for the Brownies.

Meanwhile, Agawam had a tough beam day counting four falls, which total two points—a margin that cost them first or second place as a team.

The coach admitted, "I knew it would come down to who stayed on beam. We didn't, but I'm still really pleased with the outcome."

Amanda Peters and Jill Mercadante both earned a 6.60 on bars and vault, respectively.

"Overall," stated Sawyer, "I'm really excited that all our hard work paid off. We practiced from 3:00 to 6:00, Monday through Friday. I knew this team had great potential. We came a long way from a 109 in our first meet to a 121.975 in Western Mass.; that's hard work."

"It's a tough sport," she continued. "We had a tough beam day, but these eight girls have so much to be proud of. I hope to return next year. We'll be without two great seniors, but our returning gymnasts will be ready. Look out for us next year."

ROLLERS - from Page 44...

The only winner for Fordham was second roller CORI NAPOLITAN (292, 94.7 in Women's A). Yvonne C. watched her average balloon to 104.9, good for second in Women's AA. L. Napolitan is second in Men's C at 83.5.

In the final match of the night, Boston College (5th place/21½ wins) remained in the running

after facing sixth place Notre Dame (19 wins).

Winners for BC were STELLA BARBIERI (283, 87.3 in Women's B) and Captain "Jungle" JIM MCCORMICK (354). The "Jungle" man defeated FLO ROCHFORD, the top women's roller in the league (323, 106.4). DON "Don't Sit On" STITT was the lone winner for ND (a big 347, second in Men's A at 95.18). "Jungle" Jim is third in Men's AA at 100.13.

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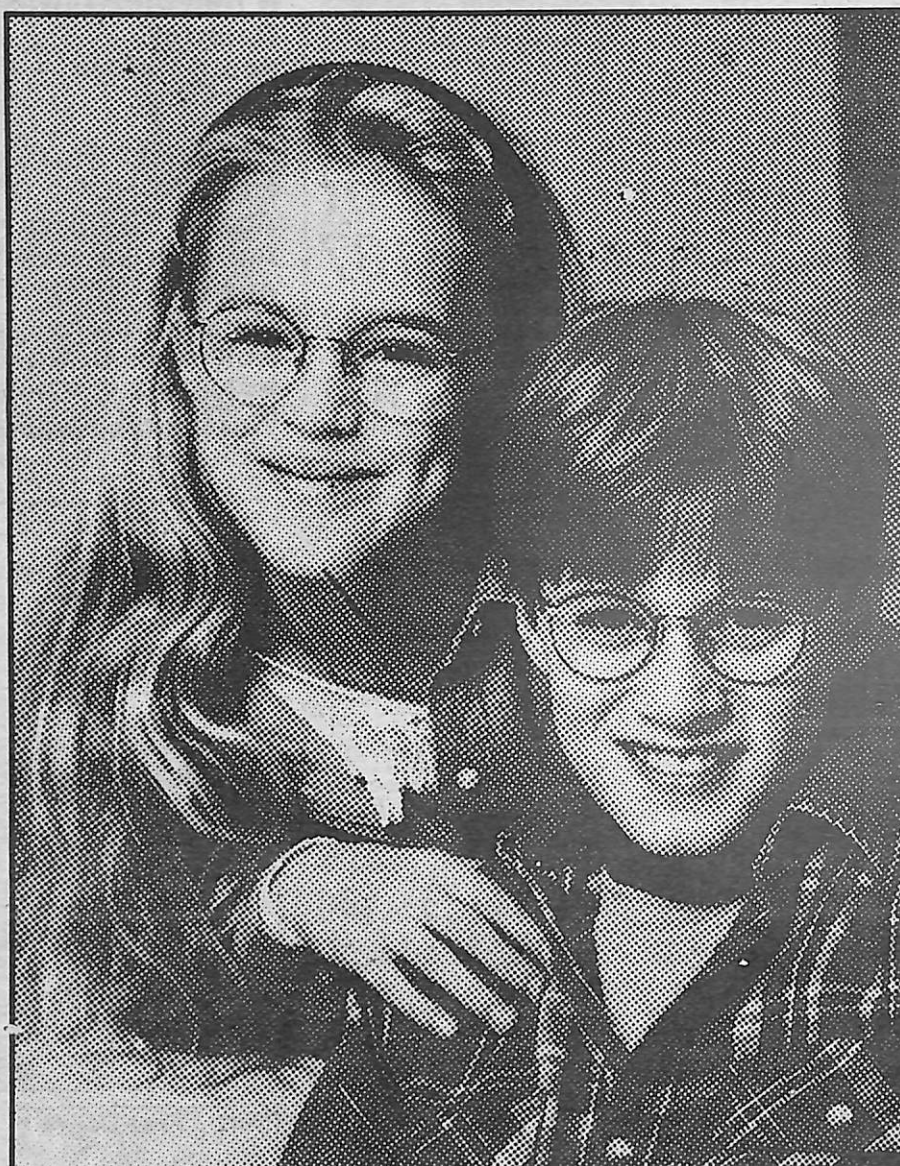
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Thirteen Daggett Gymnasts Qualify For State Championships

The Daggett Gymnastics Girls' Team continues on its roll of victories with a decisive performance at the Sectional Qualifying Meet held at Merrimack Valley Gymnastics. Thirteen of the Levels 5 and 6 girls qualified, with minimum scores of 32, for the State Championships coming up on December 9th and 10th in Northboro.

In the Level 5, ages 7 and 8 age group were Jan Carlson (All-around 32.25) and Rachel Humphrey close behind (31.15).

The larger Level 5 group, ages 9 and 10, showed consistency and continuing promise. They were: Marjorie Moriarty (30.0), Kellyn Palladino (31.2), Katie Farley (33.05), Leigha Hancock (34.3), Mary Kate Zajac (33.7), and Rebecca Langlands (31.1).

At Level 6, ages 7 to 9, the Blue Ribbon winner was Noelle Marquez, who took firsts in all individual events and the All-around with a 35.40.

The Level 6, ages 10 and 11 group kept rolling along with numerous individual and overall placements and an All-around meet sweep. Brionne Lancour took First All-around with a 34.7. Lissa Bramley took Second Place with a 34.05. Karen Christoffersen was Third with 33.8, with Andrea Babbin coming in Fourth (33.05) and Paula Ballentine coming in Fifth (32.85). Shannon DelGiudice rounded out the group's impressive performance with a 31.3.

The Level 6, ages 12 and 13 group also took honors with a First by Sara Tremblay (34.05) and a Fourth with Michelle Blanchard's 32.7.

At Level 7, Erica Gildersleeve brought home a Third Place for her All-around 30.1.

Congratulations to all of the girls and their dedication and hard work.

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0	2	0	0
0	2	0	0

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Agawam/Intown
Sporting Juniors
Blue Devils
Revolution
Tube Products
Southampton

W	L	T	P
3	0	0	6
2	1	0	4
2	0	0	4
1	1	0	2
0	2	0	0
0	2	0	0
0	2	0	0

UNDER 14 GIRLS
Agawam/Dynamos
N'Hampton/Devils
Gateway
South Hadley

W	L	T	P
1	0	0	2
1	0	0	2
0	1	0	0
0	1	0	0

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Agawam Seniors
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Holyoke S.C. Green
Westfield/Bombers

W	L	T	P
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1	1	0	2
1	1	0	2
0	2	0	0
0	3	0	0

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ACTION IN THE AGAWAM MEN'S VOLLEYBALL LEAGUE this fall often resembled a ballet - the footwork was fast, fancy, and the competition was always tough. The league recently finished its first season. Advertiser News photo by Jack Devine.

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AAA Piranhas Defeat Monson Swimmers

The Agawam AA Piranhas swim team won against the Monson team by a score of 496-294 on November 18, 1995 at Quarry Hill Community School. The results included:

Girls 8 & under:

The team of Katelyn Morytko, Megan Lalli, Julie Gorman, and Jessica Lalli placed first in the 100-yard freestyle relay.

The team of Jessica Lalli, Johannah Kos, Katelyn Morytko, and Tammy Gorman placed first in the 100-yard medley relay.

Jessica Lalli, first, Tammy Gorman, second, and Leeann Morytko, third in 25-yard freestyle; Johannah Kos, first in 25-yard butterfly; Leeann Morytko, first, and Tammy Gorman, third in 50-yard freestyle; Julie Gorman, first, Rebecca Lewin, second, and Megan Lalli, third in 25-yard backstroke; Johannah Kos, first, and Caitlin Hurley, third in the 25-yard breaststroke.

Boys 8 & under:

Benjamin Bruso, first in 100-yard individual medley. The team of Erik Deliefde, Benjamin Bruso, Shaun Bruso, and James Lewin placed first in the 100-yard medley relay.

Shaun Bruso, first in 25-yard freestyle; Jeffrey Lagasse, first, and James Lewin, second in 25-yard butterfly; Erik Deliefde, first, and Benjamin Bruso, second in 50-yard freestyle; Erik Deliefde, first, and Adam Deliefde, third in 25-yard backstroke; Jeffrey Lagasse, second, and Shaun Bruso, third in 25-yard breaststroke.

Girls 9-10

The team of Brittany Theriaque, Bethany Reid, Katie Gorman, and Jillian Kos, placed first in the 200-yard freestyle relay; and the team of Leigh Stepanian, Erin Milillo, Kimberly Smith, and Allison Morris placed second.

Jillian Kos, first in 100-yard individual medley.

The team of Brittany Theriaque, Jillian Kos, Bethany Reid, and Katie Gorman placed first in the 200-yard medley relay.

Erin Milillo, second, and Kimberly Smith, third in 50-yard freestyle; Katie Gorman, second in 50-yard butterfly; Erin Milillo, second, and Irena Klimczak, third in 100-yard freestyle; Allison Morris, first in 50-yard backstroke; Bethany Reid, first, Allison Morris, second, and Leigh Stepanian, third in 50-yard breaststroke.

Boys 9-10

Paul Lagasse, first in 100-yard individual medley.

The team of Paul Lagasse, Daniel Adamski, Tom Gorman, and Laurence Rocke placed first in the 200-yard medley relay.

Paul Lagasse, first, Laurence Rocke, second, and Michael Lalli, third in 50-yard freestyle.

Tom Gorman, second in 50-yard butterfly; Daniel Adamski, first, and Michael Lalli, second in 100-yard freestyle; Daniel Adamski, first, and Michael Lalli, third in 50-yard backstroke; Tom Gorman, second in 50-yard breaststroke.

Girls 11-12:

The team of Caitlin Holland, Ashley King, Kaitlin Morris, and Lisa Niedziela placed first in the 200-yard freestyle relay.

Hilary Golas, first, and Christina O'Brien, second in 200-yard individual medley.

The team of Rachel Morris, Heather Scarlett, Hilary Golas, and Christina O'Brien, placed first in the 200-yard medley relay; and the team of Rebecca Morytko, Christina Climo, Kyleigh Egan, and Kaitlin Morris placed third.

Christina O'Brien, first, and Christina Climo, third in 200-yard freestyle; Rebecca Morytko, first, Heather Scarlett, second, and Kaitlin Morris, third in 50-yard freestyle.

Hilary Golas, first, and Rachel Morris, third in 50-yard butterfly; Christina Climo, first, Kyleigh Egan, second, and Amanda Boissonnea, third in 100-yard freestyle; Rachel Morris, second, and Rebecca Morytko, third in 50-yard backstroke; Heather Scarlett, first, and Ashley King, third in

50-yard breaststroke.

Boys 11-12:

Joshua Lewin, second in 50-yard freestyle; Nathan Adamski, first in 100-yard freestyle; Nathan Adamski, second in 50-yard backstroke; Joshua Lewin, second in 50-yard breaststroke.

Girls 13-14:

In the 200-yard freestyle relay, the team of Katherine Chmura, Elizabeth Dowd, Brenna McGinn, and Jennifer Reid placed first; and the team of Erika Dowd, Katie Gallagher, Hillary King, and Lauren Kunkler placed second.

Shannon Costa, first, and Katherine Chmura, second in 200-yard individual medley.

In the 200-yard medley relay, the team of Shaunessy Egan, Melissa Sparver, Shannon Costa, and Sarah Nacewicz placed first; and the team of Brenna McGinn, Jennifer Reid, Katherine Chmura, and Elizabeth Dowd placed second.

Shaunessy Egan, second, and Sarah Nacewicz, third in 200-yard freestyle; Shannon Costa, first, Melissa Sparver, second, and Hillary King, third in 50-yard freestyle.

Shaunessy Egan, first in 100-yard butterfly; Hillary King, first, Erika Dowd, second, and Katie Gallagher, third in 100-yard freestyle; Sarah Nacewicz, second, and Brenna McGinn, third in 100-yard backstroke; Jennifer Reid, first, Melissa Sparver, second, and Lauren Kunkler, third in 100-yard breaststroke.

Boys 13-14:

Joel Ward, first, and Thomas Casello, second in 50-yard freestyle; Joel Ward, first, and Matthew Francis, third in 100-yard freestyle; Thomas Casello, second in 100-yard backstroke; Thomas Casello, first, and Matthew Francis, third in 100-yard breaststroke.

Girls 15-18:

Kelly Robinson, second in 50-yard freestyle; Rachel Niemiec, first, and Kelly Robinson, second in 100-yard freestyle; Rachel Niemiec, first, and Kelly Robinson, second in 100-yard backstroke; Rachel Niemiec, first in 100-yard breaststroke.

Boys 15-18:

Jonathan David, first in 200-yard individual medley; Jonathan David, first in 50-yard freestyle; Jonathan David, first in 100-yard breaststroke.

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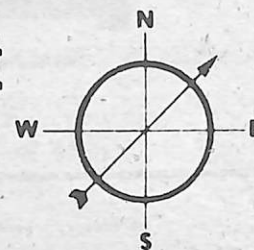
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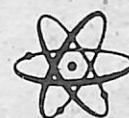


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